

NOYAN-UL-BOHRA



of the Ahlul Bayt (a.s.)

The contents of this book have been put together in Richmond B.C from the Muharram 1431/December 2009 majalis of Zakira Nargisbai Karim and some from the majlis of Shaykh Shabbir Maisami.
Please remember all Marhumeen with the recitation of one Suratul Fatiha and three Suratul Ikhlās.

1st gem – Recitation of Musabbahat surahs (surahs that begin with Sabbaha or yusabbihu lillahi.

To enable oneself to meet the Imam Al-Mahdi (a.j.t.f.) or to be in the vicinity of Rasullulah in the Aakhirah, recite these surahs once daily and if this is not possible then once a week.

These surahs are:

1. Surah Al-Hadid (#57)
2. Surah Al-Hashr (#59)
3. Surah As-Saff (#61)
4. Surah Al-Jumuah (#62)
5. Surah At-Taghabun (#64)
6. Surah Al-A'la (#87)

For barakat and success in the day:

On waking up in the morning recite Tasbihate Arba (Subhanallahi walhamdulillahi wa lailaha illalahu walahu akbar—Glory be to you and praise be to you and there is no God but Allah, the Great) followed by La hawla wa la quwwata illa billahil aliiyyil adheem (There is no strength and power except with Allah, the Mighty, the Great)

الصَّلَاةُ مَعْرَاجُ الْمُؤْمِنِ

Prayer is the ascension for the believer
-Prophet Muhammad (s.a.w.)

Some etiquette of salaah

1. Recite all wajib salaah at Awwal Waqt (when the time sets in).
2. Whenever possible, recite prayers in the masjid .
 1. Recite prayers in Jama'ah (the reward is multiplied many fold).
 2. Do not miss the Nafilah Prayers. These prayers guarantee the acceptance for those parts of the prayer that are not accepted. Nafilah prayers can be said at any time and do not have to be recited facing qibla or on the prayer mat. If one is always in the state of wudhu this can be done anytime.
3. After each salaah, recite tasbeeh of Bibi Fatimah (a.s.) and ask for hajat (wishes). Allah (s.w.t.) loves it when his creation asks from Him.
4. Do not miss the opportunity of going in to prostration and thanking Allah (s.w.t.) sincerely at least once by saying Shukran lillah.

وَعَلَى النِّسَاءِ بِالْحَيَاءِ وَالْعِفَّةِ

The women with modesty and chastity

وَعَلَى الْأَغْنِيَاءِ بِالتَّوَّاضِعِ وَالسَّعَةِ

The rich with humbleness and generosity

وَعَلَى الْفُقَرَاءِ بِالصَّبْرِ وَالْقَنَاعَةِ

The poor with patience and satisfaction

وَعَلَى الْغُرَاةِ بِالنَّصْرِ وَالْغَلَبَةِ

The Muslims fight with help and victory

وَعَلَى الْأَسْرَاءِ بِالْخَلَاصِ وَالرَّاحَةِ

The prisoners with freedom and comfort

وَعَلَى الْأُمَرَاءِ بِالْعَدْلِ وَالشَّفَقَةِ

The rulers with justice and compassion

وَعَلَى الرَّعِيَّةِ بِالْإِنصَافِ وَحُسْنِ السِّيَرَةِ

The citizens with equity and good tradition

وَبَارِكْ لِلْحُجَّاجِ وَالزُّوَّارِ فِي الزَّادِ وَالنَّفَقَةِ

And bless the pilgrims with means of travel and expense

وَاقْضِ مَا أَوْجَبْتَ عَلَيْهِمْ مِنَ الْحَجِّ وَالْعُمْرَةِ

And bestow upon them requirement Haj and Umra

بِفَضْلِكَ وَرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

With your Graciousness and your Mercy,

O the Most Merciful.

2nd gem – Ayatul Kursi (2:255-257) amaal for hajaat
Imtihaan (tests) bring us closer to Allah (s.w.t). Allah (sw.t.)
loves the call of the beseeching ones. One amaal that we can
perform that answers our prayer is:

Ayatul Kursi amaal for one month.

On the first day, start with a two rakaat prayer and recite 1
Ayatul Kursi, on the next day recite 2 rakaat prayer and 2
Ayatul kursi, and so on reciting a two rakaat prayer everyday
and increasing the Ayatul Kursi by one number daily. On the
last day, you will recite one 2 rakaat prayer and 30 Ayatul
Kursi. It is important to remember that even though your
prayer has been answered, you must finish the amaal.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي
السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ
يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ
إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ

حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

لَا إِكْرَاهَ فِي الدِّينِ قَدْ تَبَيَّنَ الرُّشْدُ مِنَ الْغَيِّ فَمَنْ يَكْفُرْ
بِالطَّاغُوتِ وَيُؤْمِنِ بِاللَّهِ فَقَدِ اسْتَمْسَكَ بِالْعُرْوَةِ الْوُثْقَىٰ لَا انفِصَامَ

لَهَا وَاللَّهُ سَمِيعٌ عَلِيمٌ

اللَّهُ وَلِيُّ الَّذِينَ آمَنُوا يُخْرِجُهُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ وَالَّذِينَ
كَفَرُوا أَوْلِيَاؤُهُمُ الطَّاغُوتُ يُخْرِجُونَهُمْ مِّنَ النُّورِ إِلَى الظُّلُمَاتِ
أُولَئِكَ أَصْحَابُ النَّارِ هُمْ فِيهَا خَالِدُونَ

3rd gem:

Once when Bibi Fatima Zahraa (as) was preparing to go to bed, her father Prophet Muhammad (s.a.w.) paid her a visit and said, “ Dear Fatimah, do four things before going to bed —complete the recitation of the Holy Qur’an, make all 124000 prophets intercede on your behalf, get the thawab of Hajj and Umrah and make fellow Momineen (believers) happy.”

How is one to accomplish this mammoth task? Reciting Suratul Ikhlas 3 times gives one the thawab of completing the entire Qur’an, reciting sala-wat 3 times will ensure Shafa’at of the prophets on the Day of Judgment and reciting Tasbehat-e-Arba (Subhanallahi walhamdulillahi wa lailahailalahu walahu akbar) 3 times makes fellow momineen happy.

Note: Reciting istighfaar (astaghfirullahaladhi laailah illallahu wallahu akbar) beseeching Allah to forgive not just us but others as well (we may be unknowingly hurting others, and by reciting this istighfar He does not keep this against us).

وَطَهَّرْ بُطُونَنَا مِنَ الْحَرَامِ وَالشُّبْهَةِ

Purify our bellies from haraam and doubtful things

وَإِكْفُفْ أَيْدِينَا عَنِ الظُّلْمِ وَالسَّرِقَةِ

Restrain our hands from tyranny and theft

وَإِعْضُضْ أَبْصَارَنَا عَنِ الْفُجُورِ وَالْخِيَانَةِ

Lower our eyes from immortality and breach of faith

وَإَسْدُدْ أَسْمَاعَنَا عَنِ اللَّغْوِ وَالْغَيْبَةِ

Close our ears to nonsense talk and backbiting

وَتَفَضَّلْ عَلَيَّ عُلَمَائِنَا بِالزُّهْدِ وَالنَّصِيحَةِ

Oh Allah! Bless our scholars with piety and preaching

وَعَلَى الْمُتَعَلِّمِينَ بِالْجُهْدِ وَالرَّغْبَةِ

The students with the spirit of hard work and interest

وَعَلَى الْمُسْتَمِعِينَ بِالإِتِّبَاعِ وَالْمَوْعِظَةِ

The audience with power to follow

وَعَلَى مَرْضَى الْمُسْلِمِينَ بِإِشْفَاءٍ وَالرَّاحَةِ

The sick Muslim with care and rest

وَعَلَى مَوْتَاهُمْ بِالرَّافَةِ وَالرَّحْمَةِ

The deceased Muslims with mercy and forgiveness

وَعَلَى مَشَايخِنَا بِالْوَقَارِ وَالسَّكِينَةِ

The old with prestige and patience

وَعَلَى الشَّبَابِ بِالإِنَابَةِ وَالتَّوْبَةِ

The young with obedience and repentance

Recite this dua as taught by Imam Al-Mahdy (s.z.a.s.) daily.(Begin and end with salawat)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ ارْزُقْنَا تَوْفِيقَ الطَّاعَةِ

O Allah bless us with success in obeying you

وَبُعْدَ الْمَعْصِيَةِ

And distance from sins

وَ صِدْقَ النِّيَّةِ

Sincerity in intention

وَعِرْفَانَ الْحُرْمَةِ

Awareness (understanding) of our limits

وَ أَكْرَمَنَا بِالْهُدَى وَالْإِسْتِقَامَةِ

And bless us with guidance and steadfastness

وَسَدِّدْ أَلْسِنَتَنَا بِالصَّوَابِ وَالْحِكْمَةِ

Guide our tongues to rightness and wisdom

وَأَمَلًا قُلُوبَنَا بِالْعِلْمِ وَالْمَعْرِفَةِ

Fill up our hearts with knowledge and awareness

For the security of the acceptance of any amaal recite 360 times Subhanallahi walhamdulillahi wa lailaha ilallahu wallahu akbar - Glory be to Allah and Praise be to Allah and there is no God but Allah, the Great.

Once the Holy Prophet Muhammad (saw), Imam Ali (as) and Salman Farsi (ra) were seated together. The Holy Prophet mentions 3 things that he really likes. "Walking to the mosque, visiting a person who is unwell and taking part in a funeral procession." At this point Imam Ali (as) requests if he can mention 3 things that he likes. "Fighting in the way of Allah, when the mazloom asks him for the removal of afflictions through the dua Nade Aliyyun..... and fasting in the summer heat." When Imam Ali (as) completed this, Salman Farsi (ra) seeks permission to mention 3 things he likes. "Sitting with you Rasu-lullah in a gathering, looking at Ali (as) for the person who looks at Ali (as) gets the thawab of the ziyarat of Rasulullah {gazing at the stone Durre Najaf gives us the thawab of the ziyarat of Imam Ali (as)}, making the house of Allah (masjid) and maintaining it." At this point Angel Jibraeel descends and mentions 3 things that Allah (swt) likes. "The person who is thankful in every situation, one who exercises sabr (patience) when a calamity befalls (as sins are forgiven in pain and affliction) and a tongue that remembers Allah (s.w.t) often.

4th gem— Imam Zaynul Abedien (a.s.)'s amaal when in difficulty

Imam Zaynul Abedein's Aamal for difficulty (source - Seerat-e-Aimma). Be in the state of wudhu the entire time. Start by reciting:

1 tasbih— Bismillahi bihaqqe bismillah

25 tasbih— Istighfaar. (Astaghfirullah rabbi wa atoobu ilaihi)

1 tasbih— Adrikni Ya Imam Zaynul Abedein.

When in difficulty always seek wasila of the Imams especially the Imam of our time—Imam Muhammad Al-Mahdi (a.j.t.f.). Recite Dua-e-Tawassul whilst imagining yourself seated among the masumeen and let their nur (light) envelop you.

Points to keep in mind:

- * For maximum effect, always be cognitive of what you are reciting and concentrate on the meaning of what you are saying.
- * Start and end every amaal and dua with the recitation of one salawaat.
- * Do the amaal in a peaceful area. Humble yourself and be in a tearful state thinking of yourself as having wronged your nafs (soul)
- * For most the amaal mentioned, have a single niyyat per amaal.
- * Always complete the amaal even if your wishes were fulfilled before the completion of the amaal.
- * Once your amaal has been accepted, for giving thanks one can recite Dua-e-Mashloul once or seven times. It is important to be in Wudhu when reciting this dua.
- * Recite Salawaat all the time for the enlightenment of the heart.
- * Recite Dua-e-Ahad daily.
- * Recite Dua-e-Ghareek daily. Ya Allahu (x3), Ya Rahmaan (x3) Ya Raheemu (x3) Ya Muqallibal Quloob, Thabbit Qalbi Alaa Deenik— O Allah (x3), O Beneficent (X3), O Merciful (x3) O the converter of hearts, keep my heart firmly on your religion).

14th gem: Amaal of Radde Madhalim.

This is the payment of Huquq un Naas (rights of others). Allah (s.w.t.) has given us a way of making up for taking other's property—be it something physical or their dignity. We are taught to give money as we do Sadaqah with the intention of Radde Madhalim. Our Mujtahid then gives this money appropriately. Another option is to recite the prayer of Radde Madhalim. This prayer is a 4 rakaat prayer recited in 2 sets of 2 rakaats each.

1st prayer. In the

1st rakaat after Suratul Fatiha recite 25 times Suratul Ikhlaas

2nd rakaat after Suratul Fatiha recite 50 times Suratul Ikhlaas.

2nd prayer. In the

1st rakaat after Suratul Fatiha recite 75 times Suratul Ikhlaas

2nd rakaat after Suratul Fatiha recite 100 times Suratul Ikhlaas.

As you are reciting this prayer, keep in mind that you are doing it for those rights you may have taken. Allah (s.w.t.) knows that at times it is difficult to go to the person and ask for forgiveness. This option is one that will help meet our Lord without the weight of others on our shoulders.

5th gem— To see one's place in the Akhirat.

Shaykh Toosi has quoted that the Holy Prophet has said, " One who carries out this aamal will not leave this world without having seen his/her place in the Akhirat."

Recite a 2 rakaat prayer. In the first rakaat after Suratul Fatiha recite 25 times Ayatul Kursi and 25 times Suratul Falaq. In the second rakaat, after Suratul Fatiha, recite 25 times Suratul Ikhlaas and 25 times Suratun Naas. After the salaah, recite 25 times La hawla wa la quwwata illa billahil aliyil adheem.

Also reciting 1000 times Suratul Ikhlaas in one sitting will enable you to see your place in the akhirat. Be in wudhu, have sincerity of heart and focus on the meaning of the recitation.

Constantly be in the state of dhikr—remembrance of Allah (s.w.t.). Recite as many salawat and Tasbeehat-e-Arba (suhannallahu wal-hamdu lillahi wa lailaha illallahu wallahu akbar) as possible.

6th gem—Kun Fayakun Namaaz

For relief, this aamal should only be carried out when in real difficulty.

Recite a four rakaat prayer in sets of two rakaats each.

In the first rakat after Suratul Fatiha recite 100 times:

وَأَفْوِضْ أَمْرِي إِلَى اللَّهِ

and I entrust my affair to Allah (40:44)

In the second rakaat after Suratul Fatiha recite 100 times:

نَصْرٌ مِّنَ اللَّهِ وَفَتْحٌ قَرِيبٌ

help from Allah and a victory near at hand (61:13)

For the second prayer, in the first rakaat after Suratul Fatiha recite 100 times:

أَلَا إِلَى اللَّهِ تَصِيرُ الْأُمُورُ

surely to Allah do all affairs eventually come (42:53)

In the second rakaat after Suratul Fatiha recite 100 times:

إِنَّا فَتَحْنَا لَكَ فَتْحًا مُّبِينًا

Surely we have given you a clear victory (48:1)

After the salaah, without talking to anyone, in a tearful state with lots of sincerity, recite 100 times:

أَتُوبُ إِلَيْكَ اللَّهُ

Forgive me O Allah

It is also recommended to carry out this aamal in the haram when in close proximity to the Masumeen alaihimus

13th gem: To increase one's weight of good deeds.

Method: After Fajr/Subh or Dhuhr Salaah, recite 3 tasbeeh.

1st tasbeeh: La Ilaha illallahu wahdahu la shareeka lahu. (There is no God but Allah, He alone I worship and He has no partner)

2nd tasbeeh: Salawaat

3rd tasbeeh: Alhamdulillahilahi rabbil Aalameen. Praise be to God the master of the Universe. As one is reciting this tasbeeh, one should with the movement of each bead, think of each blessing bestowed on him/her. When one recites this Dhikr, Allah (s.w.t.) commands the angels to forgive the person his/her lapses, makes work undertaken easy and grants even more blessings.

The Prophet (s.a.w.) has been quoted to have said, "If the reward of the recitation of La Ilaha illallahu wahdahu la shareeka lahu. (There is no God but Allah, He alone I worship and He has no partner) is placed on one side and whatever Allah (s.w.t.) has created is placed on the other side, the weight in thawab of this recitation will be heavier. So if one recites with understanding 1 tasbeeh of this dhikr daily, it does not just increase his/her reward but also helps one understand the greatness of Allah (s.w.t.)

12th gem: Amaal of our 12th Imam, Imam Al-Mahdi (s.z.a.s.) for 40 nights when in real difficulty.

Method:

Recite 1 tasbih: Salawaat

Recite 1 tasbih: Bismillahirahmanir raheem Iyyaka na'budu wa iyyaka nasta'een (In the name of Allah, the most kind, the most merciful, you alone do we worship and you alone do we worship)

Recite 1 tasbih: Salawaat

Start this amaal on Thursday night and the 40th night when it will end will be a Monday night. There will be 6 Thursdays in between. On every Thursday, give out Sadaqah for the amount that will fill ones tummy for one meal. This Sadaqah can be given in food if there are needy people around or the money for that amount can also be given.

Note: Continue and finish the amaal even if your wishes have been fulfilled before its completion. The Imam himself comes to assist the person.

Note: Recite Salawaat as often as possible everyday to increase Nur of Allah in one's heart.

7th gem— 12th Imam's Amaal

This amaal should only be performed when in real difficulty.

On Thursday night (early Friday Morning, half an hour before Fajr is preferable) after midnight recite with sincerity a two rakaat salaah just like Fajr (Subh) prayer. After the prayer while standing, lower your face with humility and in a tearful manner recite one salawat tasbih. While carrying out this amaal, place your right hand on your head and left hand on the tasbih. Then recite one tasbih: Allahuma farrij ya sahebuzzamaan, farrij 'alayna ya sahebuzzaman, Al-Aaan, Al-Aaan, Al-Aaan. Now recite 11 times salawaat. Immediately after go into sajdah and beseech your hajaat.

Note: if this amaal cannot be carried out whilst standing, one can be seated and do the same.

Imam Muhammad Al-Baqis(a.s.) has been quoted having said, " On the night of Thursday, an angel calls out saying, " Is there anyone who will ask for 4 things that I can intercede for in front of Allah (s.w.t.). Is there one who performs istighfaar and I ask forgiveness on his/her behalf, a sick one who prays and I ask for good health on his/her behalf, one who seeks barakat in risq and I ask for the extra risq on his/her behalf and one who has any hajaat (wish) that I can intercede on his/her behalf and get the wishes accepted."

It is also highly recommended to give Sadaqah on the night of Thursday and day the day of Friday.

8th gem: The gift of salawaat.

When one recites salawaat loudly, Allah (s.w.t.) orders angels to descend and write the reward on silver paper with gold ink.

Amaal of 60,000 salawaat for any hajaat. Keep one hajaat in your mind as you begin this amaal.

Method: For 60 days, after every prayer recite 2 tasbihs of salawaat. In a day you will have recited 1000 salawat and in 60 days, 60,000 salawaat.

Salawaat will cool the fire as we cross pool-e-sirat. If we make it a habit of reciting it here, then we shall make our path to jannah in the hereafter smoother and easier Insha Allah.

Recite the name of Allah (s.w.t.) Ya Wahhabu (The Bestower) 99 times and after raise your hands high and recite Ya Wahhabu Ya Wahibul Ataya once.

9th gem: For unity in the house, removal of laziness in worship, keeping imaan safe.

Hand write Suratul Kahf on one sheet of paper. Place this paper in container without a lid. Leave this container in a safe place somewhere in the house. After it has been hand written once, one can make photocopies.

10th gem: Salawaat of Bibi Fatimah Zahraa (a.s.)

Allahumma swalli alaa Fatimata wa abeeha wa ba'liha wa baneeha wa sirril mustawda'ee feeha adada ma ahata bihi 'ilmuk— O Allah, send your blessings on Fatimah, her father, her husband, her progeny and only Allah (s.w.t.) knows the secret extent of her knowledge.

- Recite this salawaat 10 times after every Isha prayer. Take the names of 10 Marhumeen and ask Bibi Fatimah (a.s.) by the barakah of this dua to grant shafa'at (intercession) to these Marhumeen.
- Recite this salwaat 111 times for any specific hajaat.

11th gem:

The Holy Prophet Muhammad Mustafa (s.a.w.) has said, "Always make the most of three opportunities: Give hidayat (guidance) at any time, do ibadat (worship) at any time, do khidmat (help) of others, even if it is something small." As for the ibadat, any dhikr of Allah all the time is Ibadat, being in the state of wudhu is ibadat etc. However we are told that when you have some time, recite a two rakaat prayer for the love of Allah (s.w.t.) and make the intention, "Because You are worthy of worship, I am bowing myself in front of You."