One Hundred And Fifty

Lessons for Life

One Hundred And Fifty Lessons for Life

By:

His Holiness, Ayatullah Naser Makarem Shirazi

Translated by **Monir Shafiei**

Index	3
Introduction	20
Contents of this book	21
Lesson One	22
Thinking, reflection, meditation	22
Brief description	22
Lesson Two	23
Measure of deliberation	23
Brief description.	23
Lesson Three	24
They are strict about body's food but	24
Brief description	24
Lesson Four.	25
Role of the pen	25
Brief description	25
Lesson Five	26
Between two great responsibilities	26
Brief description.	26
Lesson Six	27
Causes for destruction of a society	27
Brief description.	27
Lesson Seven.	28
Indolence and poverty	28
Brief description	28
Lesson Eight	29
Rain of knowledge on hearts	29
Brief description	29
Lesson Nine.	30
Source of arrogance	30
Brief description	

415	50 Lessons for Life
Lesson Ten.	31
Three worthy things before God	31
Brief description	31
Lesson Eleven	32
Martyrdom of Husain (a.s.)	32
Brief description	32
Lesson Twelve.	33
Two signs of a real Muslim	33
Brief description	33
Lesson Thirteen	34
Fire of anger	34
Brief description.	34
Lesson Fourteen.	35
Source of wealth	35
Brief description.	35
Lesson Fifteen	36
The worst profession	36
Brief description	36
Lesson Sixteen.	37
Mastership and captivity	37
Brief description	37
Lesson Seventeen.	38
Hypocrisy and affectation	38
Brief description.	38
Lesson Eighteen	39
Envy	39
Brief description.	39
Lesson Nineteen	40
Those deprived from Allah's mercy	
Brief description	
Lesson Twenty	41
The worst friends	41

150 Lessons For Life	5
Brief description	41
Lesson Twenty One	42
Completion of work	42
Brief description	42
Lesson Twenty Two	43
Everlasting programs	43
Brief description	43
Lesson Twenty Three	<u></u> 44
The Most Severe Punishment	44
Brief description	44
Lesson Twenty Four	45
Calamity of Debt	45
Brief description	45
Lesson Twenty Five	46
A Healthy Social Life	46
Brief description	46
Lesson Twenty Six	47
Key of Misfortunes	47
Brief description.	47
Lesson Twenty Seven	48
Signs of People of Paradise	48
Brief description	48
Lesson Twenty Eight	49
Signs of a Hypocrite	49
Brief description	49
Lesson Twenty Nine	50
Counsel	50
Brief description.	50
Lesson Thirty.	51
Speech and Silence	51
Brief description	51
Lesson Thirty One	52

6150	Lessons for Life
Delight of Forgiveness	52
Brief description.	52
Lesson Thirty Two	53
Asceticism in its Real Sense	53
Brief description.	53
Lesson Thirty Three	54
The Rank of those who refrain from Sins	54
Brief description.	54
Lesson Thirty Four.	55
The Best People	55
Brief description	55
Lesson Thirty Five	56
Worship of Freemen	56
Brief description.	56
Lesson Thirty Six	57
What Breaks Man's Back	57
Brief description.	57
Lesson Thirty Seven	58
Be Clean	58
Brief description.	58
Lesson Thirty Eight	59
Consequences of Ignorance	59
Brief description	59
Lesson Thirty Nine	60
Foundations of guidance	60
Brief description	60
Lesson Forty.	61
Mourning	61
Brief description	
Lesson Forty One	
Examine Yourself Everyday	
Brief description	

150 Lessons For Life	7
Lesson Forty Two	63
Belief is Stronger than Iron	63
Brief description.	63
Lesson Forty Three	64
Reality of Unity and Divine Justice	64
Brief description.	64
Lesson Forty Four	65
Some Signs of Belief	65
Brief description	65
Lesson Forty Five	66
World is not the Final Purpose, rather it is a Means	66
Brief description	66
Lesson Forty Six	67
Man, what is your Price	67
Brief description.	67
Lesson Forty Seven.	68
Truth and Falsehood	68
Brief description	68
Lesson Forty Eight.	69
Most Valuable Heritage of Arab	69
Brief description	69
Lesson Forty Nine.	70
Those Who Defraud and Cheat	70
Brief description	70
Lesson Fifty	71
Slander	71
Brief description	71
Lesson Fifty One	72
Signs of an Oppressor	72
Brief description	72
Lesson Fifty Two	73
There is no Incurable Disease	73

815	0 Lessons for Life
Brief description.	73
Lesson Fifty Three	74
Why Favours are Lost?	74
Brief description.	74
Lesson Fifty Four	75
Martyrdom and Purity	75
Brief description.	75
Lesson Fifty Five	76
Self Sacrificing Lovers	76
Brief description.	76
Lesson Fifty Six:	77
The Wise and The Fool	77
Brief description.	77
Lesson Fifty Seven.	78
The Real Religious Men are Few	78
Brief description.	78
Lesson Fifty Eight	<u>7</u> 9
Justice Among Children	79
Brief description.	79
Lesson Fifty Nine.	80
You are always being Watched	80
Brief description.	80
Lesson Sixty	81
Neither Flattery, nor Envy	81
Brief description.	81
Lesson Sixty One.	82
Help your Brothers	82
Brief description.	82
Lesson Sixty Two	83
Do not dwell on the past	83
Brief description.	83
Lesson Sixty Three	84

150 Lessons For Life	9
Islam's Universality	84
Brief description	84
Lesson Sixty Four:	85
Do not belittle any sin!	85
Brief description	85
Lesson Sixty Five	86
Excellence of a Scholar	86
Brief description	86
Lesson Sixty Six	87
Mutual Rights	87
Brief description	87
Lesson Sixty Seven	88
Obedience is Less Costly	88
Brief description	88
Lesson Sixty Eight	89
The World is a Market	89
Brief description	89
Lesson Sixty Nine	90
The Most Dignified People	90
Brief description	
Lesson Seventy	91
Three Basic Social Principles	91
Brief description	91
Lesson Seventy One	92
Hastiness and Precipitance	92
Brief description	92
Lesson Seventy Two	93
True Asceticism	93
Brief description	93
Lesson Seventy Three	94
Trial of Dignity	94
Brief description	94

10150	Lessons for Life
Lesson Seventy Four.	95
Correct Program for World and Hereafter	95
Brief description.	95
Lesson Seventy Five.	96
Effect of Sin	96
Brief description	96
Lesson Seventy Six	97
Shiites and Divine Bounties	97
Brief description	97
Lesson Seventy Seven	98
With whom we shall consult?	98
Brief description.	98
Lesson Seventy Eight.	99
The Best Favor	99
Brief description	99
Lesson Seventy Nine	100
Invisible Imam (a.s.)	100
Brief description	100
Lesson Eighty	101
Do not listen to all Utterances!	101
Brief description	101
Lesson Eighty One	102
Devilish People	102
Brief description.	102
Lesson Eighty Two	103
Real Feast	103
Brief description.	103
Lesson Eighty Three	104
What has Real Value	104
Brief description.	104
Lesson Eighty Four.	105
Two Things Cause Destruction of People	105

150 Lessons For Life	11
Brief description	105
Lesson Eighty Five	106
A Good Deed is Never Small	106
Brief description.	106
Lesson Eighty Six	107
Sins and Apology	107
Brief description	107
Lesson Eighty Seven	108
The Worst Method of Life	108
Brief description.	108
Lesson Eighty Eight	109
Our Promises are Our Debts	109
Brief description	109
Lesson Eighty Nine	110
Illegitimate Property	110
Brief description	110
Lesson Ninety	111
Be Self-Sufficient	111
Brief description	111
Lesson Ninety One	112
Woe unto such person!	112
Brief description	112
Lesson Ninety Two	113
Sinful Ways Solve Nothing!	113
Brief description	113
Lesson Ninety Three	
The Self-Conceited!	114
Brief description	114
Lesson Ninety Four	115
Nearer Kinsfolk	115
Brief description	
Lesson Ninety Five	116

1215	0 Lessons for Life
Throwing off a habit	116
Brief description.	116
Lesson Ninety Six	117
Epic of Karbala	117
Brief description.	117
Lesson Ninety Seven	118
Who is Wise?	118
Brief description.	118
Lesson Ninety Eight	119
Cause of Enmity	119
Brief description	119
Lesson Ninety Nine	120
The Zealous	120
Brief description	120
Lesson One Hundred	121
A Fertile Being	121
Brief description.	121
Lesson One Hundred One	122
The Best Hands	122
Brief description.	122
Lesson One Hundred Two	123
Worse than Death	123
Brief description	123
Lesson One Hundred Three	124
Believers and Hypocrites	
Brief description.	124
Lesson One Hundred Four	125
The Best Heritage	125
Brief description.	
Lesson One Hundred Five	126
Respect of Freedom of Thought	
Brief description	

150 Lessons For Life	13
Lesson One Hundred Six	127
Six Flaws not found in Believers	127
Brief description.	127
Lesson One Hundred Seven	128
Do not sever all relations with God	128
Brief description.	128
Lesson One Hundred Eight.	129
True Worship	129
Brief description	129
Lesson One Hundred Nine.	130
Do not forget your own Faults	130
Brief description.	130
Lesson One Hundred Ten	131
Great Torment	131
Brief description.	131
Lesson One Hundred Eleven.	132
Quran is Evergreen	132
Brief description	132
Lesson One Hundred Twelve	133
Beware of Sensuality	133
Brief description.	133
Lesson One Hundred Thirteen	134
The Only Way of Proximity to Allah	134
Brief description.	
Lesson One Hundred Fourteen	
Illgotten Wealth	
Brief description.	135
Lesson One Hundred Fifteen	136
The Most Truthful and Wise	
Brief description.	136
Lesson One Hundred Sixteen	137
Simple Life and Cooperation in House-Keeping	137

14150 I	essons for Life
Brief description.	137
Lesson One Hundred Seventeen	138
One Hour of Justice	138
Brief description.	138
Lesson One Hundred Eighteen	139
Real Physician	139
Brief description.	139
Lesson One Hundred Nineteen.	140
Successors of the Prophet	140
Brief description	140
Lesson One Hundred Twenty	141
Sinful Feast	141
Brief description	141
Lesson One Hundred Twenty One	142
Do Productive Works	142
Brief description.	142
Lesson One Hundred Twenty Two	143
Lifespan	143
Brief description	143
Lesson One Hundred Twenty Three	144
Cooperation with Satan!	144
Brief description	144
Lesson One Hundred Twenty Four	145
Take Counsel to be Guided!	145
Brief description.	145
Lesson One Hundred Twenty Five	146
Salam, Islamic Salutation	146
Brief description.	146
Lesson One Hundred Twenty Six	147
Non Conformity of Belief with Action	147
Brief description.	147
Lesson One Hundred Twenty Seven	148

150 Lessons For Life	15
Divine Chastisement!	148
Brief description.	148
Lesson One Hundred Twenty Eight	149
A Forgotten Reality	149
Brief description.	149
Lesson One Hundred Twenty Nine	150
Place of Knowledge and Wisdom	150
Brief description.	150
Lesson One Hundred Thirty	151
Heavy Duties of Imam	151
Brief description	151
Lesson One Hundred Thirty One	153
Piety Opens all Doors.	153
Brief description.	153
Lesson One Hundred Thirty Two	154
Beware of mean people!	154
Brief description	154
Lesson One Hundred Thirty Three	155
Greater Jihad	155
Brief description.	155
Lesson One Hundred Thirty Four	156
Occultation of Mahdi (a.s.)	156
Brief description.	156
Lesson One Hundred Thirty Five.	157
Source of Evils	157
Brief description.	
Lesson One Hundred Thirty Six	158
Fulfillment of Obligations	158
Brief description	
Lesson One Hundred Thirty Seven.	
Inhabitants of Stars	
Brief description.	

16	s for Life
Lesson One Hundred Thirty Eight,	160
Quran and The Law of Gravity	160
Brief description	160
Lesson One Hundred Thirty Nine	161
Mystery of Mountains!	161
Brief description.	161
Lesson One Hundred Forty	162
Microscopic Creatures	162
Brief description.	162
Lesson One Hundred Forty One	163
Only a name from Islam	163
Brief description.	163
Lesson One Hundred Forty Two	164
Criterion for Assessment of Intellect and Ignorance	164
Brief description.	164
Lesson One Hundred Forty Three.	165
Higher than Favor	165
Brief description.	165
Lesson One Hundred Forty Four	166
Revival of Doctrine of the Prophet's Household	166
Brief description.	166
Lesson One Hundred Forty Five	167
Trust in Respect of Keeping Secrets	167
Brief description	167
Lesson One Hundred Forty Six	168
Signs of a Believer	168
Brief description.	168
Lesson One Hundred Forty Seven.	169
First Prerequiste for Any Work	169
Brief description	169
Lesson One Hundred Forty Eight.	170
Importance of a Guest	170

150 Lessons For Life	17
Brief description.	170
Lesson One Hundred Forty Nine.	171
Respect and Affection	171
Brief description.	171
Lesson One Hundred Fifty	172
Provide for yourself in the Next World in Advance	172
Brief description.	172

Introduction

I dedicate this work sincerely to my parents, Zahra and Abolfazl, who did not spare any effort to help me succeed.

I also thank my husband, Reza Mohammad Husaini, who provided encouragement and help in all stages of my work.

I appreciate the valuable assistance of Mr. Ruin Naddaf in reviewing and editing this translation.

It is my earnest wish that this book would serve as a good reference for clarifying the attitudes of Islam towards different issues in this world and the hereafter.

All success comes from Allah

Monir Shafiei 10.12.2000

In the name of God, the Beneficient, the Merciful

Contents of this book

Our greatest treasures of knowledge after the divine book, the holy quran, are the practices of the prophet (s.a.w.a.) and the valuable traditions of the household of the prophet (s.a). These are the weighty things available to us after the demise of the prophet (s.a.w.a.). Adherence to them prevents man from misguidance and error.

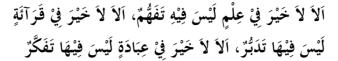
Unfortunately, these traditions which are an ocean of sciences and knowledge are not well known yet. There are many traditions which in one short phrase speak volumes in terms of useful lessons that can solve the problems of today's man in many different areas of life.

This book is a selection of these traditions together with a translation and a brief description. It all started with the Friday weekly interpretation discussion meetings of the Assembly of Religion and Science in the Imam Husain Masjid, Tehran. A tradition was selected and everybody practised it throughout the week as a lesson and many boys and girls also memorized it. The traditions were so well received that it was decided to publish them. This small book serves as a sample of Islam's attributes for those who want to know Islam better through a short study. What is even more important in appreciating their worth is the practicing of these programs in our lives. So let us pray to God for success in understanding these traditions and then for being able to act on them.

Qum, Naaser Makarim Shirazi, 1976

Lesson One

Thinking, reflection, meditation



Be aware! Knowledge without thinking has no profit! Be aware! Recitation of the Quran without reflection is of little use! Be aware! Worship lacking meditation has no effect!

Brief description

Filling the brain with scientific formulas, logical rules and philosophical principles and other knowledge has little effect if it is not based on proper reflection, clear worldview and familiarity with fundamentals of man's life.

Reciting holy verses of the Quran has little effect when it is not accompanied by meditation and thinking about them. Similarly, other forms of worship devoid of the light of thinking and wisdom are like a spiritless body and unable to impart their high educational value.

¹ Kaafi, first Vol., pg. 36 and Tohaful Oqool

Lesson Two

Measure of deliberation

Imam Sadeq (a.s.) says:

Improving the situation of life and association is possible through using a measure, two thirds of which is vigilance and one third of which is negligence.¹

Brief description

No work project can be started without proper study, planning and vigilance, and yet a project cannot be completed in a timely manner without some bold decisions based on intuition, experience or outright risk-taking. In other words, if we dive into endeavours without careful investigation, feasibility studies and work plans, we will not succeed. But this does not mean that we get bogged down for months and years in trying to tie up all loose ends and going into unnecessary details to cover all possible uncertainties. In most cases, time is of essence for a successful outcome. Hence the need to balance the vigilance for most parts (two-third) with some non-vigilance or expediency (for the remaining one third).

From the book Tohaful Oqool, pg. 267

Lesson Three

They are strict about body's food but...

Imam Hasan (a.s.) says:

I wonder about those who think about their body's food, but do not think about their soul's food. They keep undesirable food away from their belly, but fill up their heart with destructive subjects.

Brief description

As our great imam has said, our people are usually quite careful with their food and do not start eating unless they know what it is. They avoid anything that looks doubtful and some go to great lengths to ensure that the body receives good, clean, healthy diet.

Yet, when it comes to the food for the soul, these same individuals will throw caution to the winds. With eyes closed, unaware of the reality, they would have no hesitation in pouring down any mental food into their soul. They harm their souls by accepting without question the speeches of unsuitable friends, misleading press reports and suspicious or poisonous propagation, and this is very surprising.

Safinatul Behaar, article of taste.

Lesson Four

Role of the pen

Imam Sadeq (a.s.) says:

I have not seen any weeper nicely smiling like a pen. 1

Brief description

Pen divulges the feelings and interprets the wisdom of man.

Pen is founder of civilizations and rotates the wheels of society. Pen conveys the worries and pain of man through its continuous weeping. It can at the same time brighten the landscape with its smile when it touches upon life's beauty and love, desire for life and its mysteries.

But it is regretful that when this pen is in hands of an incompetent person, its tears will change to drops of blood, and its smile is a snicker on the utmost human credits.

Laataef and Zaraef.

Lesson Five

Between two great responsibilities

Imam Sadeq (a.s.) says:

A faithful believer is always anxious concerning two things: for his past sins and how God will treat him for these sins; and for his remaining life and the uncertainty about how he will spend it.¹

Brief description

The most manifest sign of belief is feeling responsibility, both for what has transpired and for the duties and obligations that should be fulfilled.

Those who possess these two feelings will always think about compensation for past negligence, as well as finding the best possible way for using future opportunities. These thoughts are instrumental in the continuous development and progress of a man or a nation. The ones who are oblivious of their past mistakes and have no intention or plan to improve the future lead a poor and miserable life.

Usoole Kaafi, Vol. two, pg. 7

Lesson Six

Causes for destruction of a society

If any one of the following four things enters a home, it will ruin the home and divine blessing does not reestablish it: treachery, larceny, drinking, and adultery.¹

Brief description

This is true for homes as well as for the entire society.

When treachery penetrates into a society, the spirit of confidence disappears.

And when larceny, in its different forms, appears therein, peace will not be found anymore.

And when alcohol drinking becomes popular among people, they will have weak thoughts, disabled children and useless youth.

And when they are stained with adultery, the foundation of families will be weakened and their next generation will be mischievous.

Nahjul Fasahaah.

Lesson Seven

Indolence and poverty

Imam Ali (a.s.) says:

The day in which everything married with one another, "indolence" and "weakness" mingled with each other, and their child was called "poverty and indigence".¹

Brief description

Everything is earned through effort and endeavor. This is a reality that Islam has taught us.

Indolence, debility, weakness and escaping from hard work and difficult challenges are never compatible with the spirit of belief.

They will produce nothing but poverty in all aspects, including economic, moral and spiritual poverty. The striving believers on the other hand shall be self-sufficient and contented in all respects.

Behaarul Anwaar, Vol. 78, pg. 59 and Tohaful Oqool, p. 158.

Lesson Eight

Rain of knowledge on hearts

Luqman, the wise, said:

My son! God revives the hearts of men with the light of knowledge as he revives dead lands with blessings of rains from the sky!¹

Brief description

The land of man's heart is like a garden in which all types of seedlings, seeds of flowers, plants and strong trees are dispersed. If it is irrigated on time, a pleasant and fruitful area will blossom.

The only means of irrigation for this land is the reviving drops of rain of science and knowledge. Hearts lacking knowledge have no light, no fruit....they are dark, and they are dead.

We should always, and in all conditions, keep alive our souls with the light of knowledge.

Behaarul Anwaar, Vol. 1.

Lesson Nine

Source of arrogance

Imam Sadeq (a.s.) says:

No one boasts to others unless he harbours a feeling of inferiority in himself!¹

Brief description

Recent psychological and psychoanalytic research has proved that arrogance and boasting is nothing other than an inferiority complex. Those who suffer from it resort to this malpractice of magnifying themselves artificially to compensate for their deficiencies. By doing so, they only add to their inferiority and dislike in the eyes of their community.

So clearly evident is this from Imam's saying. The faithful people are always modest before others due to their internal dignity.

Behaarul Anwaar, Vol. 73, pg. 225.

Lesson Ten

Three worthy things before God

Holy Prophet (s.a.w.a.) says:

ثَلاَثُ تَخْرُقُ الْحُجُبَ وَ تَنْتَهِىٰ اِلَى مَا بَیْنَ یَدَیِ اللهِ صَرِیْرُ اَقْلاَمِ الْعُلَمَ آءِ، وَ وَطْنِي اَقْدَامِ الْمُجَاهِ دِیْنَ، وَ صَـوْتُ مَغَازِلِ الْمُحْصَنَاتِ

There are three things that remove the veils and approach God's dignity: The sound of the movement of scientists' pen when writing! The sound of the paces of warriors in the cause of religion in the battle field! And the sound of the spinning wheel of chaste women!

Brief description

What a strange and meaningful interpretation! There are three voices which penetrate into the depths of existence and their vibrations reach up to the everlasting nature of the world and approach God's dignity: voice of knowledge and pen, although it may be low and slow, voice of holy war and self-sacrifice, and voice of attempt, endeavor and work although it may be seemingly small.

And actually, these three things, knowledge, holy war, and work constitute the foundation of an honorable human community.

[&]quot;Ashahab Fel Hekam Val Adab", pg. 22

Lesson Eleven

Martyrdom of Husain (a.s.)

Holy Prophet (s.a.w.a.) says:

Martyrdom of Imam Husain (a.s.) creates a fire and heat in the hearts of believers which will never be extinguished.¹

Brief description

There have been a lot of bloody wars in the world which have faded from memory with time and are forgotten over the years. However, the self-sacrifice of those who offered their lives in the way of God and for freedom of men and honor and virtue, shall not be forgotten because God, freedom, honor and virtue do not get old. Imam Husain (a.s.) and his companions were the pioneers of the martyrs for faith.

Mustadrekul Wasaael, Vol. 2, pg. 217.

Lesson Twelve

Two signs of a real Muslim

Islam's Holy Prophet (s.a.w.a.) says:

لاَ تَنْظُرُوْا اِلَى كَثْرَةِ صَلاَقِهِمْ وَ صَوْمِهِمْ وَكَثْرَةِ الْحَجِّ وَ الْمَعْرُوْفِ وَ طَنْطَنَتِهِمْ بِاللَّيْلِ وَ لَكِنْ انْظُرُوْا اِلَى صِدْقِ الْحَدِيْثِ وَ اَدَآءِ الاَمَانَةِ

Do not respect only the excess of prayer, fasting, pilgrimage, righteousness with others and vigil of some people (although they are important in their own right). Rather, consider their 'honesty' and 'trustworthiness'!

Brief description

A study of Islam clearly establishes this fact that the two decisive signs of a real Muslim are that he is honest and trustworthy. Performance of prayers, fasting and pilgrimage etc are certainly important and carry a high educational value but they are not a conclusive proof of a true Muslim. To complete the picture, a true Muslim must possess honesty and trustworthiness.

Safinatul Behaar.

Lesson Thirteen

Fire of anger

Imam Baqer (a.s.) says:

Anger and wrath are the burning flame of fire which is kindled inside man's heart by Satan.¹

Brief description

When an angry man performs something or makes a decision, in most cases he will later regret and feel sorry because burning fire of anger causes him to disregard his wisdom and intellect. The nervous system and muscles may cause him to inflict irreversible damage.

We should control and extinguish this satanic flame with utmost precision and speed. Once anger turns into uncontrollable rage, it would be too late to prevent it from burning and ruining our and others' lives.

Behaarul Anwaar, Vol. 73, pg. 278.

Lesson Fourteen

Source of wealth

Holy Prophet (s.a.w.a.) said:

Seek for your sustenance in the depth of earth.¹

Brief description

This instruction was issued by Holy Prophet (s.a.w.a.) at a time when the importance of mines and other resources underneath the earth was not known. Such instructions illustrate the richness of knowledge imparted to us by Islam as well as its emphasis on making efforts to search far and wide so as to exploit for our benefit the abundant natural resources including the ones hidden in the depths of the earth.

Nahjul Fasahaah.

Lesson Fifteen

The worst profession

Holy Prophet (s.a.w.a.) said:

Prophet (s.a.w.a.) said: the worst profession is one which is mingled with usury.

Imam Sadeq (a.s.) says:

When God wills to perish a nation, usury becomes manifest among them.¹

Brief description

Despite the brisk market of usurers in the present world and special dependence of this world on usury in different forms, it is evident that usury destroys financial and economic system of societies and results in the terrible consequence of accumulation of wealth in the hands of a limited number of people and institutions. This unfair distribution of wealth is the source of many misfortunes and rampant moral corruption all over the world.

Wasaaelush Shia, vol. 12, p. 426 & 427.

Lesson Sixteen

Mastership and captivity

Imam Ali (a.s.) says:

If you do favour for someone, you will become his master! If you are not in need of someone, you will be at par with him! If you are in need of someone, you will become his captive!

Brief description

This rule powerfully governs the social relations of individuals and nations. Bountiful hands are always masters and begging hands are always slaves. The needy people and nations have effectively made themselves into slaves through looking to others to provide for their needs. A true Muslim is one who attempts to base his relations with others on mutual, not one-sided, assistance. Receiving gratuitous support should be limited to weak and feeble persons.

Lesson Seventeen

Hypocrisy and affectation

Imam Sadeq (a.s.) says:

Do not do your good deeds for affectation and trying to impress people. You should realise that people have no power on life or death nor can they solve any problem for you.

Brief description

All appearances of the life of those who have gotten used to pretension and hypocrisy become hollow and empty. They are contented with aspects of life that have little substance and spiritual meaning, leaning instead towards vain imaginations, illusions and empty religious rituals. They gain nothing save appearances! For this reason, Islam strongly criticizes this ugly attribute and says that your destiny in not under control of these people, so why this facade?

Behaarul Anwaar, Vol. 72, pg. 300.

Lesson Eighteen

Envy

Imam Sadeq (a.s.) says:

An envious person sustains a loss to himself before causing a loss to the one he envies.¹

Brief description

The spirit of envy refers to not tolerating others enjoying a blessing, and trying to deprive them from that blessing, or causing a loss to them in other ways.

An envious person's tendency is to act as a destructive force, seeking failure of others, rather than a constructive force that seeks one's own improvement and success.

Envy is a severe moral disease. Psychologists assert that feelings of resentment and jealousy harboured by the envious persons play havoc with their emotional and physical health and their actions bring suffering and humiliation only to themselves. Therefore, it is far better to concentrate on one's own success as opposed to trying to hold others back.

Behaarul Anwaar, Vol. 73, pg. 255.

Lesson Nineteen

Those deprived from Allah's mercy

Commander of the Believers (a.s.) says:

Whoever has available water and land, and still he is poor and needy, should expect to be deprived from God's mercy!

Brief description

It is clearly deduced from Islamic traditions that Moslems throughout the world should use all the availableresources such as animal husbandry, agriculture, underground resources and mines, professions, industry and commerce for alleviating poverty. With hard work and good governance, a nation that has even one of these resources should be able to fulfill its economic requirements. Those who remain needy despite access to many resources will be deprived of God's mercy. Becoming needy and dependant on others is against the teachings and spirit of Islam

Behaarul Anwaar, Vol. 103, pg. 65.

Lesson Twenty

The worst friends

Imam Ali (a.s.) says:

Your worst friends are those who flatter and talk with you glibly and conceal your faults.¹

Brief description

Escaping the realities and concealing the truths neither solves any problem nor is it a service to anybody. Therefore, friends who refrain from constructive criticism and from urging corrective actions and, instead, hide their friend's faults for his false satisfaction, or misrepresent it as goodness, have failed to be faithful in friendship. Not only that, they have also committed a great treachery that may cause serious damage to the prestige, reputation, honor and prosperity of their friend.

Gorarul Hekam



Lesson Twenty One

Completion of work

Holy Prophet (s.a.w.a.) says:

Completion and continuation of a good deed is better and more important than commencing it.¹

Brief description

We often see useful projects and actions in the milieu of our social life which are left uncompleted. Their doers have started them under the influence of a sudden motive, but they have lost their enthusiasm very soon and have left them uncompleted.

Islam admires faithful and diligent individuals who accomplish the useful work which they commence.

Nahjul Fasahaah.

Lesson Twenty Two

Everlasting programs

Imam Sadeq (a.s.) says:

Allah instructed all prophets to invite people to honesty and trust.¹

Brief description

A healthy society is based on a number of core values, the most important of which is the priceless asset of public confidence and trust

This is when the spoken word and actions take place in an environment of mutual trust. The greatest enemy of this valuable treasure is lies and treachery.

In the societies in which lies and treachery are popular, people are afraid of each other, people feel lonely, not knowing who to turn to and end up bearing a heavy load of life alone.

This is the reason why invitation to honesty and trust has always been included in programs of all the divine prophets.

Safinatul Behaar.



Lesson Twenty Three

The Most Severe Punishment

Holy Prophet (s.a.w.a.) says:

One who knows something and does not observe it, and does not use his knowledge, his punishment in the hereafter would be the most severe.¹

Brief description

In Islam, knowledge is always regarded as a tool for practical application and for improving the life of an individual and the society. Otherwise it has no value.

Those who commit a sin unknowingly carry a lesser responsibility than those who do so with knowledge. The responsibility to enlighten others in the society is also proportionate to the degree of one's knowledge.

Behaarul Anwaar, Vol. 2, pg. 38.

Lesson Twenty Four

Calamity of Debt

Holy Prophet (s.a.w.a.) says:

Avoid borrowing as far as you can, because it causes grief during the night and contempt during the day.¹

Brief description

The lure of the material life and competition to acquire luxuries in the present times has caused people to borrow more and more. Many are trapped in the vicious circle of higher debts and increasing repayments leading to more borrowings to finance repayments.

Since a debtor is not a free man, we are instructed not to undertake debt other than for a dire necessity.

Debt is even more dangerous at the country level. Highly indebted countries expose their citizens and future generations to severe economic hardships and to erosion of their freedom and spiritual independence.

Behaarul Anwaar, Vol. 103, pg. 141.

Lesson Twenty Five

A Healthy Social Life

Imam Sadeq (a.s.) says:

If people honour the rights of each other and fulfill requirements of the poor, they will enjoy a good and satisfactory life.¹

Brief description

The above tradition emphasizes the wisdom of the Islamic obligations placed on the rich to pay to the poor out of their property and savings and the obligation on everyone to respect and honour the rights of others. It clarifies that this is not merely a matter of morality or religious compliance. Rather it is an extremely important social principle with a strong bearing on the peace and prosperity of society.

One only has to look at the turmoil in the world today to appreciate the value of this gem from the treasures of Islamic knowledge. Dangerous reactions of the poor masses caused by class exploitation and unfair concentration of wealth in the hands of a few are tearing at the fabric of societies today. Peace and love are in short supply, violence and misery abound.

When powerful people treat might as right and use their might to violate the rights of the weak and poor, they endanger human societies and suffer from the ensuing mayhem.

Wasaaelush Shia, Vol. 6, pg. 2.

Lesson Twenty Six

Key of Misfortunes

Imam Hasan Askari (a.s.) says:

God has placed evils and maladies under locks, the key of which is wine, and lying is even worse than wine.¹

Brief description

The greatest and most effective tool against evils and maladies is wisdom and intellect, and this is a strong lock set on them. When the lock of "wisdom" is opened by the key of "wine", all evils and obscenities are let loose and a drunken person is vulnerable to committing all sorts of crime, sin and corruption.

While a drunkard commits a sin under the influence of the mind numbing drink, a liar pollutes the social environment knowingly. When lying permeates a society, it kills the spirit of trust and reliance leading to sins and corruption. Hence lying is even more dangerous than wine.

Wasaaelush Shia, Vol. 2, pg. 223.

Lesson Twenty Seven

Signs of People of Paradise

Imam Sadeq (a.s.) says:

The people of paradise have four signs: open face, eloquent and clear tongue, merciful heart and bountiful hand.¹

Brief description

The noblest human schools are those which train individuals to acquire good character and become valuable members of the society because society is the source of all blessings.

The signs which the above tradition attributes to the people of paradise are all concerned with factors that strengthen social relations and sow seeds of affection in the land of society.

Open and pleasant faces, soft and kind, with clear and eloquent tongues, with hearts yearning to help people, and hands not holding back assistance – Yes! These are the signs of the people of paradise.

Irshaadul Ooloob.

Lesson Twenty Eight

Signs of a Hypocrite

Imam Sadeq (a.s.) says:

Luqman said to his son:

There are three signs of the hypocrites: Their tongue is not consistent with their heart, or their heart with their deed, nor their outward with their inward.¹

Brief description

Hypocrisy is a painful, loathsome trait originating from low personality and weak will. To make themselves look better than they are, their tongues will tell a different story from what is in their hearts, they will not walk their talk, will not practice what they preach. They are a weak people, afraid to reveal their true selves, lacking the will and determination to improve themselves. They appear in different garbs and are treacherous with everybody, even themselves. Even more dangerous are the societies that display a good looking exterior but have bad, rotting, interior. Their tongue, the mass media, is in stark contrast with what is going on in the heart of these societies.

Behaarul Anwaar book, Vol. 15.



Lesson Twenty Nine

Counsel

Imam Ali (a.s.) says:

Take counsel from your predecessors before the posterity takes counsel from your life and destiny.¹

Brief description

The history is full of lessons, full of examples and advice. The consequences of injustice, oppression, stagnation and neglect of the needs of changing environment and times are all reflected in the mirror of history. Imam Ali (a.s.), with his extensive knowledge of human history, warns us to take counsel and learn lessons from the actions and mistakes and fate of our predecessors rather than repeat the same mistakes and leave a trail of misfortunes for the posterity to learn from.

Nahjul Balaaghah, Sermon 31.

Lesson Thirty

Speech and Silence

Imam Ali (a.s.) says:

Neither the silence of a wise man nor the speech of an ignorant has any profit.¹

Brief description

God has urged those who are informed and learned not to remain silent against deviations, misbehavior, injustices and divisive actions of enemies. They should radiate the light of guidance, truth and justice on the hearts through their warm and reasonable logic and expression. Everybody is considered informed and responsible for what he knows, although it may be little. On the other hand, those who do not have sufficient information should not mislead people through their improper interference. That silence and this speech both cause misfortune.

Nahjul Balaaghah, aphorisms.

Lesson Thirty One

Delight of Forgiveness

Holy Prophet (s.a.w.a.) said:

When you overcome your enemy, adopt forgiveness and pardon as the gratitude for this victory.¹

Brief description

In Islam's view, any favor and grace, without any exception, should be reciprocated by gratitude. For the gift of empowerment over the enemy, one expresses gratitude by forgiving the enemy. Victories become rooted only when enemy's heart is purged of the spite and the root cause of the opposition is removed. Pardon will touch their hearts in a way that yesterday's enemy becomes today's friend. It is then that the victory is truly complete - outwardly and inwardly. Conversely, those who seek vengeance after victory not only deprive themselves from a great human virtue, but also endanger their victory.

Speeches of Mohammad (s.a.w.a.)

Lesson Thirty Two

Asceticism in its Real Sense

Imam Ali (a.s.) says:

The real ascetic in the world is one whose endurance is not defeated by the temptations of unlawful wealth and who is not distracted from god's remembrance and duty of thanksgiving when he acquires lawful wealth.¹

Brief description

Some uninformed people have given a negative twist to the definition of asceticism. They have interpreted asceticism as giving up divine graces and economic pursuits and living like the poor.

This is not the case. Asceticism in its real sense is what is narrated above from Imam Ali (a.s.). And it could be summarized in two phrases: "enduring hardship rather than resorting to illegal means of acquiring things" and "not forgetting responsibilities and gratitude in respect of lawful things". With this correct interpretation, asceticism becomes a force for self-improvement and reforms in the society rather than a negative influence on progress and prosperity.

Tohaful Oqool

Lesson Thirty Three

The Rank of those who refrain from Sins

Imam Ali (a.s.) says:

One who struggles in the way of God and is martyred is not higher in rank than the one who can commit a sin but refrains.¹

Brief description

In the eyes of Islam, the most worthy striving is that against one's own unlawful desires. Moreso, when one lives in an environment where opportunities to commit sins are plenty and indulgence is commonplace. This requires a strong grounding in morality and control over one's self and is also necessary for the struggle against enemy to be worthy and fruitful – a battle fought with sincerity, solidarity, pure intention, free from any selfishness and personal interest.

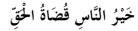
Thus the Imam's saying that those who succeed in the battlefield of desires resist sins and remain chaste in contaminated environments, are not in a lower rank than the martyrs in the way of god.

Nahjul Balaaghah, Aphorisms

Lesson Thirty Four

The Best People

Imam Ali (a.s.) says:



The best people are those who judge fairly.

Brief description

Fair judgement in legal, social and moral matters is only possible for one who gives equal treatment to his own and others' interests and his personal affection and hatred do not prevent him from justice and righteousness.

And this is possible only for those whose existence is radiated with the light of belief, human virtues and love and affection for humanity. The powerful waves of selfishness, profit motivation and lust cannot overcome their mind and conscience. Such people deserve to be called "the best people".

¹ Islam in the center of society.

Lesson Thirty Five

Worship of Freemen

Imam Sadeq (a.s.) says:

اَلْعُبَّادُ ثَلاَثَةُ: قَوْمٌ عَبَدُوْا اللهَ خَوْفًا فَتِلْكَ عِبَادَةُ الْعَبِيْدُ، وَ قَوْمٌ عَبَدُوْا اللهَ خُبَّا لَهُ الله طَلَبَ الشَّوَابِ قَوْمٌ عَبَدُوْا اللهَ حُبَّا لَهُ الله طَلَبَ الشَّوَابِ فَتِلْكَ عِبَادَةُ الأَحْرَارِ فَتِلْكَ عِبَادَةُ الأَحْرَارِ

Worshippers fall into three groups: Those who worship Allah for the fear of hell; this is the worship of slaves. Those who worship Allah for his reward; this is the worship of mercenaries. Those who worship Allah out of love and affection for Him; this is the worship of free men ¹

Brief description

Although the promises of divine reward and punishment are all true, and his reward is very valuable and his chastisement is very painful, there are some high minded free men who do not see anything save God, and do not seek anything save God, and the measure of their heart is full of love and kindness. They are looking beyond rewards and punishment; their motive for observing God's command is only love mingled with his cognition and knowing.

Wasaaelush Shia

Lesson Thirty Six

What Breaks Man's Back

Imam Baqer (a.s.) says:

The three types of individuals who destroy themselves: the one who magnifies his good deed, the one who forgets his sins, and the one who is opinionated.¹

Brief description

Those who magnify their deeds will sit back, well satisfied with their work. This attitude hinders them from progress and development.

And those who forget their sins will continue with new sins everyday instead of compensating for their previous sins. Suddenly one day they will find themselves down in the depths of despair.

And those who rely only on their own opinion will deprive themselves of valuable and essential knowledge and thinking of brilliant minds. They will be repeatedly involved in mistakes and finally their backs will break under the burden of the resulting problems.

Wasaaelush Shia, Vol. 1, pg. 73

Lesson Thirty Seven

Be Clean

Holy Prophet (s.a.w.a.) said:

Your mouth is one of your ways to God. The most favorite mouth before Allah is the one most fragrant. So keep your mouth as fragrant as you can.¹

Brief description

This tradition is narrated in the book Vasael-ul-shia in the context of brushing teeth. Its outward meaning is that since man uses his mouth to vocalise God's remembrance and worship and recite divine verses, he should keep it clean and fragrant.

And its inward meaning signifies that the mouth which is one of the ways of relating with the divine paths and Allah's servants is more favoured by Allah when it becomes fragrant with good, clean and kind speech and is free from bad utterances, insults, lies and harshness.

Wasaaelush Shia, Vol. 1, pg. 358

Lesson Thirty Eight

Consequences of Ignorance

Ninth Imam, Imam Jawaad (a.s.) says:

One who acts without knowledge and information will more often be a corrupter rather than a reformer.¹

Brief description

Loss caused by ignorance is not merely limited to inability to make significant achievements in life. Those who act without knowledge also risk making dangerous mistakes leading to corruption and destruction.

And so one finds cases where an ignorant person intends to do good for his child, but he leads him to misfortune; intends to serve Islam, but disgraces religion; intends to create peace among people, but aggravates disputes and hypocrisy. He generally ends up doing more harm than good.

Muntahal A'amaal

Lesson Thirty Nine

Foundations of guidance

Imam Jawaad (a.s.) says:

The believers require three qualities: divine success, a preacher from the heart and soul, and acceptance from advisers ¹

Brief description

In this life, man travels a path which has much acclivity and declivity and faces innumerable dangers which threaten to derail him. To succeed and become a useful and effective individual in the society, he firstly needs a spiritual relation with God whereby he is supported by God's pure essence, and then an aware and informed conscience advising him inwardly, and then hearing ears imbibing the thoughts, guidance, advice and consultation of others.

Muntahal A'amaal

Lesson Forty

Mourning

Imam Baqer (a.s.) says (one of the short speeches of the Prophet (s.a.w.a.), which no one had mentioned before him):

Mourning is one of the deeds of age of ignorance (one shall not complain about the difficulties, rather he shall try to solve them).¹

Brief description

This short and meaningful tradition has an outward and an inward sense.

Its outward refers to the irrelevant actions being popular at the age of ignorance. When somebody died, mourner women were invited to lament on his death by reciting their special songs and deceitful and false poems. And the other meaning, which imam Baqer (a.s.) may refer to, is that mourning and complaining for hard and difficult events and problems of personal and social life is useless and causes waste of energy and facilities. Instead one should spend that energy to solve the problems, seeking a remedy by the strength of intellect and thinking as well as continuous effort and tolerance

Wasaaelush Shia, Vol. 1, pg. 915

Lesson Forty One

Examine Yourself Everyday

Imam Kazem (a.s.) says:

One who does not perform self-examination everyday has no relation with us.¹

Brief description

Preventing loss and increasing profit in any worldly activity, however big or small, requires continuous monitoring and assessment through inspection, measurement and accounting. One can see how careful people are in calculation of their material wealth. And how sensitive are the weight-watchers about small changes in their weight. Yet, surprisingly, some of them do not look into their human, moral and spiritual accounts even once during their life. What a terrible negligence!

A responsible and vigilant Muslim is one who, as the Imam says, examines his account everyday without exception. If he has done a good deed, he tries to continue it, and if he has done evil, he repents for it.

Aqwaalul Aimmah, Vol. 1, pg. 214

Lesson Forty Two

Belief is Stronger than Iron

Imam Sadeq (a.s.) says:

إِنَّ الْمُؤْمِنَ اَشَدُّ مِنْ زُبُرِ الْحُدِيْدِ اِنَّ زُبُرَ الْحُدِيْدِ اِذْ أَدْخِلَ النَّارَ الْحُدِيْدِ اِذْ أَدْخِلَ النَّارَ تَغَيَّرُ وَ اِنَّ الْمُؤْمِنَ لَوْ قُتِلَ ثُمَّ نُشِنرَ ثُمَّ. قُتِلَ لَمْ يَتَغَيَّرُ قَلْبُهُ.

The believers are stronger than iron parts because when iron is exposed to fire, it changes, but if the believers are killed and then revived and again killed, there would be no change in their mentalities.¹

Brief description

Life is a series of problems and complicated matters. Weak people surrender to them very soon and escape from the field, whereas those who are strong on account of their belief stand firm to tackle the challenges.

They know that there will always be hindrances in complying with God's command, abstaining from sin, and achieving honours and credits. They realize that self-control, self-sacrifice and resistance against rebellious desires is required in order to succeed. True belief gives them immense strength to continue their endeavor fearlessly in the path of religion.

Safinatul Behaar, Vol. 1, pg. 37

Lesson Forty Three

Reality of Unity and Divine Justice

Imam Ali (a.s.) says:

Reality of unity of God indicates that one shall not define His essence according to one's imaginations, and belief in His justice infers that one shall not accuse Him in any work!

Brief description

The principle of God's existence is clear and manifest for us and any particle from particles of this world points to His dignity, power, knowledge and ability. On the other hand, the reality of His essence is hidden from us because He is an infinite existence and beyond our understanding. So we should consider His essence to be beyond whatsoever we may imagine and this is the reality of unity.

Events occur in the world whose underlying mystery is not always known to us. Belief in God's justice says to us that all of these events are backed by sound reasons and any suspicion in this regard is not in conformity with belief in His justice and wisdom.

Nahjul Balaaghah, Aphorisms

Lesson Forty Four

Some Signs of Belief

Imam Sadeq (a.s.) says:

A believer provides valuable assistance, has low expenditure, and is prudent in life, and is never bitten twice from one hole (never inflicted twice from one source).¹

Brief description

Belief has some scientific, moral and social manifestation and signs, without which it is only a meaningless name. The above tradition refers to four signs of it:

- believers provide valuable assistance to their muslim brothers because their help is accompanied with compassion, honesty and awareness.
- 2. they do not have a luxurious and costly standard of living and do not commit offences to provide for it.
- 3. they are prudent and aware in life especially in economic affairs.
- 4. they take lesson from each event immediately and thus they are not inflicted twice from the same source.

Safinatul Behaar

Lesson Forty Five

World is not the Final Purpose, rather it is a Means

Imam Ali (a.s.) says:

World is created for another purpose, not for itself.¹

Brief description

People sometimes have difficulty comprehending the nature of this world. They find one set of interpretations of verses and speeches commending the world and its material tools, introducing it as a house of commerce or farm of saints. And then they find verses and speeches blaming it and calling it dangerous, deceptive and source of conceit

The above tradition clarifies the issue succinctly indicating that when the world and its material tools are used as a means of attaining human development and justice and prosperity for all, it is to be valued and commended. But when it is considered as an end in itself, just for immediate and inordinate fulfillment of desires, with no higher purpose, and causes rebellion, conceit and obstinacy, it becomes hateful and dangerous.

from first Vol. of Safinatul Behaar

Lesson Forty Six

Man, what is your Price

Imam Ali (a.s.) says:

(Be aware) no price is good enough for you except everlasting prosperity and paradise, so do not exchange it for any other price.¹

Brief description

Usually when somebody is asked about the price of his life, he cannot name a price. No price is high enough.

However, in reality, he exchanges this precious life gradually, day by day, for a very small price indeed. And, lo and behold, he wakes up one fine day towards the end of his life, to find that he has sold off this priceless asset in exchange for a house or a car or a country villa, which he will soon leave behind in any case ... when death comes knocking at the door!

Imam Ali (a.s.) says that nothing whatsoever of the material treasures of this world is worthy enough to be exchanged with the capital of your life. The only thing worth selling your life for is God's satisfaction, human and spiritual development that leads to an everlasting prosperity in paradise. This is the thing to buy with your life; it is worthy of every endeavor, attempt and sacrifice one can make

Nahjul Balaaghah, aphorisms.

Lesson Forty Seven

Truth and Falsehood

Imam Ali (a.s.) says:

Truth is heavy and difficult but pleasant, and falsehood is light and easy but painful and dangerous.¹

Brief description

How eloquent and interesting is this one short sentence of Imam Ali (a.s.) to describe truth and falsehood! Usually truth has a harsh appearance and occasionally a bitter taste but has very pleasant results. It is easily absorbed by the body and society is strengthened thereby.

On the other hand, falsehood comes easily and sometimes tastes very sweet, but its effect is fatal. It is like a delicious but poisonous food whose destructive effect on the heart, stomach, and intestines becomes manifest when it is swallowed. The poison of falsehood also destroys different organs of society.

Behaarul Anwaar, Vol. 70, pg. 107

Lesson Forty Eight

Most Valuable Heritage of Arab

Holy Prophet (s.a.w.a.) says:

The most accurate and eloquent phrase that an arab has stated is the speech of Lobaid (famous poet) where he says: be aware anything other than God is false and any grace would be finally lost.¹

Brief description

Awareness of the eventual destruction of wealth and positions and end of graces admonishes man to observe truth and justice in gaining them and to be moderate in consuming them.

Eternity and everlasting are terms that can only be applied to God's majestic stature, just as indestructibility and morality are attributable only to His pure essence.

One should remember this reality in every phase of material life and keep away from arrogance.

Misbaahul Shariah, pg. 45.

Lesson Forty Nine

Those Who Defraud and Cheat

Imam Reza (a.s.) says:

One who defrauds or causes a loss to a muslim or tricks him, does not belong to us.¹

Brief description

Those who find their happiness in misfortunes of others and their profit in loss of others are neither human nor true muslims. They lack that social character which gives man superiority over other creatures.

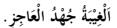
Losses can be inflicted openly or may be hidden through frauds and tricks and other forms of dishonesty. Islam forbids these, whatever the form, as is apparent from the disgust expressed in the above saying of Imam Reza (a.s.)

Safinatul Behaar, article fraud.

Lesson Fifty

Slander

Imam Ali (a.s.) says:



Slander is the last effort of weak people.1

Brief description

Few sins can be found among the capital sins that indicate meanness, weakness, humiliation, and cowardice like slander does.

Slanderers falsely blame and ascribe faults to others and damage reputations to satiate the fire of their envy and malice. They are weak and mean persons who do not have the courage to confront their victims with their baseless and unfair criticisms and can only stab others in the back.

It is mentioned in one of the traditions that even if a slanderer repents and the repentance is accepted, he shall be the last one entering paradise. Otherwise, he would be the first one entering hell.

Nahjul Balaaghah, aphorisms

Lesson Fifty One

Signs of an Oppressor

Imam Ali (a.s.) says:

The oppressor has three signs: oppresses those who are higher than him through opposition and disobedience, and oppresses those who are inferior to him through violence and predominance, and cooperates with other oppressors.¹

Brief description

When the ugly urge to oppress becomes ingrained and dominates one's mind, it shows up in different ways depending on the situation. If he cannot oppress overtly a strong opponent, the oppression takes subtle forms like disobedience and dereliction of duties. Against the weak, the oppressor resorts to open aggression, force, violence and injustice. Another sign of an oppressor is that he selects his friends and companions from among the unjust.

Nahjul Balaaghah, aphorisms.

Lesson Fifty Two

There is no Incurable Disease.

Holy Prophet (s.a.w.a.) said:

God has not created any disease unless he has created a remedy for it.¹

Brief description

The world in which we live is a series of actions and reactions. For every negative power there is a corresponding positive and corrective power which should be found and used. Continuation of our life is the effect of balance in these powers. There is neither an incurable corporeal disease, nor is there any social problem that cannot be solved. These who assume that certain complex problems have no solution or that some diseases have no cure, neglect this important fact that in essence there is no such thing as an incurable disease.

Therefore, one should not give up. One should persevere and keep on working on the life's intractable issues with patience and tenacity until a solution is found.

Nahjul Fasahaah

Lesson Fifty Three

Why Favours are Lost?

Imam Bager (a.s.) says:

إِنَّ اللهَ قَضَي قَضاءً حَتْمًا اَلاَّ يُنْعِمَ عَلَي الْعَبْدِ بِنِعْمَةِ فَيَسْ لَبُهَا إِيَّاهُ حَتَّى يُحْدِثَ الْعَبْدُ ذَنْبًا يَسْ تَحِقُّ بِذلكَ النَّقِمَةِ.
النَّقِمَةِ.

God has made an inevitable rule that he does not take back the favours bestowed on the people, unless they commit an offence causing deprivation from that favour.¹

Brief description

God's graces are infinite but not unreasonable. He does not grant or take back anything unreasonably. When world's people use his favours for conceit, corruption, destruction and injustice, the same favours become the cause of their misfortune. Their favours are taken back and replaced with calamity. Their industries and technology turn destructive, and their society generates discord and discomfort, and even the speed devices become the cause of their retardation, because they have misused the graces.

Usoole Kaafi, Vol. 2

Lesson Fifty Four

Martyrdom and Purity

Holy Prophet (s.a.w.a.) said:

When you pass away in purity, you shall be ranged with the martyrs.¹

Brief description

The above tradition refers to part of instructions of the Prophet (s.a.w.a.) to one of his companions saying: 'if you can, perform ritual ablution day and night, because if you die in this condition, you shall be considered a martyr'. Besides the literal meaning which refers to performing ritual ablution, it refers to a more important aspect: living and dying with purity and innocence. The chaste ones, with guiltless hearts and minds that are free from dishonesty and vanity, who live a pure life and leave the world in this condition, surely will be ranged with martyrs because martyrdom is not limited to being killed in the battle field. There are also other such sayings among the traditions from the pure household of the Prophet (s.a.w.a.)

Safinatul Behaar, Vol. one, pg. 720

Lesson Fifty Five

Self Sacrificing Lovers

Imam Baqer (a.s.) says:

The devoted companions of my grandfather, Imam Husain (a.s.) did not feel any pain under the strokes of sword and spear of enemy.¹

Brief description

When man's affection for a goal reaches the stage of deep love, all of his feelings are so concentrated on it that any amount of inconvenience is tolerable for him. Not only tolerable, but it can even become painless. When egyptian women, based on a figurative transient love on seeing Prophet Joseph's face, could lose their awareness and cut their fingers instead of fruits, it is not surprising that restless lovers in the path of God and self-sacrificing persons in the path of truth and virtue, would not feel pain and toil of heavy strokes of the enemy. First, one shall be a lover, then self-sacrifice and tolerance will inevitably follow.

Behaarul Anwaar, Vol. 45, pg. 80

Lesson Fifty Six:

The Wise and The Fool

Imam Ali (a.s.) says:

The wise man relies on his endeavor and action and the fool relies on his wishes.¹

Brief description

The wise are positive and truth seeking individuals. So they always look for their high objectives in the external existence, and since attainment to them is not possible without endeavor and attempt, they focus their effort on their action. The foolish and unaware, on the other hand, are drowned in a sea of wishes and imaginations, and seek for what they have lost in the world of imaginations, and since access to fancies does not require work and effort, negative tendencies are manifested in all aspects of their life. They live on their dreams, content with waiting for subjective victories in a tomorrow that never comes.

Gorarul Hekam

Lesson Fifty Seven

The Real Religious Men are Few

Imam Husain (a.s.) says:

Most of the people are servants of the materialistic world and only pay lip service to religion. As long as they are enjoying a good life under the grace of religion, they support it. But when they are tested with hardships, only a few are found to be religious.¹

Brief description

Religion, particularly a religion like Islam, preserves rights of society's people and supports their real and fair interests. But sometimes religion is a barrier for personal and private interests of individuals. This is when those who are true to their religion are distinguished from those who only make empty claim to be religious.

Most people look at things from the viewpoint of their own interests. They advocate religion when it preserves their personal rights but when it conflicts with their private interests, they leave it totally or take a selective approach ..." we believe in some and disbelieve in the others". The real religious people are those few who are faithful to their religion in every situation, and religion and belief dictate their priorities in life, not personal interests.

Behaarul Anwaar, Vol. 10, pg. 198

Lesson Fifty Eight

Justice Among Children

Holy Prophet (s.a.w.a.) says:

Observe justice among your children just as you would like that they render justice among you.¹

Brief description

One of the capital mistakes is discrimination in treatment of children. Some people favour their older and so called senior child and others favour their younger child. Sometimes they exceed the bounds and reserve all of their kindness, property and affections for one of them, and deprive the others totally.

This provokes the fire of malice and envy in the hearts of the ones left out and in time this will develop into enmity among them and vindictiveness towards their parents and they may even seek vengeance in the society.

Behaarul Anwaar, Vol. 23

Lesson Fifty Nine

You are always being Watched

Imam Mohammad Taqi (Imam Javad) (a.s.) says:

You should know that you are never out of God's sight. Now see how you shall be?

Brief description

The first sign of belief in God, the Almighty, is when one feels being under His constant and overall control, from never being out of His sight, and also feeling that His watchmen have surrounded us from all directions.

The higher degree of belief results in more and deeper feeling for this control so that man finds himself constantly in His presence. This feeling is the greatest motivator for correction of faults at the level of the individual and the society. It is also the most beautiful manifestation of belief and can rectify some of the most complex social disorders.

Lesson Sixty

Neither Flattery, nor Envy

Imam Ali (a.s.) says:

When praise and commendation is more than merited and deserved it is flattery and when less than merited it is either debility in expression or envy.¹

Brief description

Undoubtedly, the worthy individuals and their good attributes and deeds should be praised and appreciated, and in this way we shall encourage and support them to carry on with their good work.

But praise should be proportionate to the merit. Otherwise, it would have negative and harmful consequences. If it is more than merit, it becomes flattery which hurts the dignity of the speaker and also causes self-conceit and self-admiration in the one who is flattered. And if it is less than merit, it discourages the good doers and shows that the speaker is either envious or weak in his power of expression.

Nahjul Balaaghah, aphorisms

Lesson Sixty One

Help your Brothers

Imam Sadeq (a.s.) says:

Whosoever engages in fulfilling the requirements and needs of his muslim brothers, God will fulfil his requests.¹

Brief description

People often think that if they get involved in solving the problems of others, this would retard progress in their own life. Islam has a different viewpoint. The Prophet (s.a.w.a.) says that if you engage in solving people's problems and fulfilling their requirements, God, whose power is beyond your power and all powers, helps you and solves your problems. We have been witnessed how the problems of those who help others get solved in wonderful ways and this is a divine bounty.

Behaarul Anwaar, Vol. 74, pg. 286

Lesson Sixty Two

Do not dwell on the past

Imam Ali (a.s.) says:

Do not preoccupy your heart with grief for the past because you will lose out on preparation for the future.¹

Brief description

One comes across two groups of people. Some of them waste their time regretting for the past mistakes and lose their remaining energies in this way. But others let bygones be bygones and only take some lessons from them for organizing the future and use all of their powers constructively to build a better today and tomorrow. Surely, they will be the ones who will succeed.

Gorarul Hekam, pg. 289

Lesson Sixty Three

Islam's Universality

Holy Prophet (s.a.w.a.) says:

There will not remain any house on the earth, not even mud houses and woollen tents, that will not be filled by Allah with the religion of Islam¹

Brief description

Everyday this reality becomes more obvious, i.e., that the world has two alternatives: either it will accept Islam, or it will not accept any religion. And since being without a religion is against man's nature, it shall finally accept Islam. At present a wave of attention to Islam has permeated different parts of the world.

But this matter would be accomplished upon the advent of Imam Mahdi (may our soul be sacrificed for him). Thereupon, idolatry and polytheism would be removed from the earth and Islam will prevail throughout the world. The Prophet (s.a.w.a.) has given the good tiding in the above tradition.

Majma'ul Bayaan, interpretation of repentance sura.

Lesson Sixty Four:

Do not belittle any sin!

Imam Hasan Askari (a.s.) says:

One of the sins which would not be forgiven is for a man to say, 'i wish my sin to be only this one'. 1

Brief description

Minor sins are changed to major sins due to several factors, one of which is to consider them to be little and unimportant. This is one of the dangerous satanic temptations.

Those sins which man fears and considers as major sins are not so dangerous because one is always careful not to commit them. But when he assumes a sin to be minor and is not afraid of it, he is easily drawn to it again and again; minor sins change to major, keeping him away from happiness and prosperity for ever. Furthermore, every sin, however small, is significant in one respect: it exceeds the bound of rules of Allah, the Almighty.

Tohaful Oqool, pg. 366

Lesson Sixty Five

Excellence of a Scholar

Imam Musa ibne Ja'far (a.s.) says:

Excellence of a scholar over a votary is similar to excellence of sun over the stars.¹

Brief description

The stars in the sky are themselves luminous but fail to provide luminosity to the earth and to illuminate the path for us.

Sunlight and its bright and shiny rays, on the other hand, revive and energise the earth and also light up the path for all inhabitants of planets in the solar system. The sun thus enables others to distinguish the right path from the deviant one, the high road from crag. And it is this that distinguishes a scholar from a devotee. The latter is concerned only with saving himself whereas the former tries to also save others from drowning.

Just as planets need sunlight, votaries need a scholar.

Tohaful Oqool, pg. 307

Lesson Sixty Six

Mutual Rights

Holy Prophet (s.a.w.a.) says:

In the same way as the children are to be held to account for disregarding parents' rights, parents are also accountable for not observing the children's rights.¹

Brief description

Rights and duties always go hand in hand. And greater rights call for greater duty and responsibility.

The holy quraan places heavy emphasis on duty to one's parents. While parents enjoy great rights vis a vis their children, they also bear a heavy responsibility to them. They shall at no time neglect to train their children, to help them improve bodily as well as spiritually and to keep them away from mental and moral taints. The tumult of their life shall not hinder them from this great duty.

Aqwaalul Aimmah

Lesson Sixty Seven

Obedience is Less Costly

Imam Kazem (a.s.) says:

Do not refrain from spending your wealth in obedience to God. Disobedience and sin will cost you twice as much.¹

Brief description

There are some people who are stingy in paying, for example, for good hygiene, and they end up paying much more for treatment of the diseases they could have prevented with good hygiene.

It is a general rule that when a man refrains to spend on things that are essential to proper living, he would have to bear more costs on remedial actions and damage control.

Those who save expenses or time on training their children, will incur onerous costs on consequences such as the child's drug addictions or criminal acts. And those who refrain to pay for fulfilling requirements of society's deprived people, will pay the costs, sometimes several times higher, for dealing with the resulting turmoil.

Tohaful Oqool, pg. 305

Lesson Sixty Eight

The World is a Market

Imam Hadi (a.s.) says:

World is a market in which some gain and some lose!1

Brief description

This world is neither man's main home, nor his permanent residence. Rather it is a great house of commerce to which man is sent. He is given a capital in the form of his life span, physical and mental powers, guidance and intelligence, so that he may use these to accumulate valuable provisions to take back for his eternal prosperity and everlasting life.

Those who are active, diligent, vigilant, hard-working and far sighted know the tricks of this great commerce. They do not relent for a moment, always on the look out for opportunities to trade their temporary worldly goods to earn precious heavenly goods, merchandise with an eternal shelf life, and a bright destiny for themselves as well as their society. Unlike the losers, they do not spend their capital on futile, transitory and destructive worldly pursuits which result in leaving the world empty handed.

Tohaful Oqool, pg. 361

Lesson Sixty Nine

The Most Dignified People

Holy Prophet (s.a.w.a.) says:

The most dignified people on the day of resurrection are those who had engaged most in public service and benevolence ¹

Brief description

Public service is one of the greatest Islamic sorbs. And one of the ways of service to God's people is respecting and protecting their interests and their benefits as one's own interest and benefit, and dealing with them sincerely and benevolently in their presence as well as behind their back.

Kaafi, Vol. 2, pg. 166

Lesson Seventy

Three Basic Social Principles

Imam Sadeq (a.s.) says:

People are equal (in social rights) with each other like the teeth of a comb! An individual becomes a great society together with his (religious) brothers. And it is not right to associate with one who does not wish for you whatever he wishes for himself.¹

Brief description

Three basic social principles are mentioned in the above tradition.

First, equal rights and justice for everyone irrespective of their colour, race, language and social status.

Second, the relationship of an individual with the society and the society with an individual. Each individual counts and in co-operation with his brothers forms a great community.

And third, the necessity of respecting the others' interests as one's own interests as the basic element of true friendship and companionship.

A society devoid of these three principles is neither an Islamic nor a humanitarian society.

Tohaful Oqool, pg. 274

Lesson Seventy One

Hastiness and Precipitance

Imam Ali (a.s.) says:

Hastiness and precipitance is a kind of insanity and those having this attribute repent of their actions very soon, or (if they continue on this path) it shows that their insanity is perpetual and firmly ingrained in them.¹

Brief description

Intellect and wisdom dictate that one avoids undue haste and precipitance because in this condition one often fails to adequately study all the relevant aspects to make a correct decision. And soon one has to repent for the consequences of his naive and impulsive actions.

Sometimes, man dissipates the worth of all of his good speeches by one hasty inappropriate remark, and loses his old intimate friends and that jolts him into sincere repentance.

As for those who do not desist even after observing the bad consequences of their hasty actions, they can be said to suffer from insanity that is ongoing and well entrenched.

Nahjul Balaaghah, Aphorisms

Lesson Seventy Two

True Asceticism

Holy Prophet (s.a.w.a.) says:

Asceticism in this world is based on three things: curtailment of desires, thanksgiving for blessings, and avoiding the prohibited things.¹

Brief description

Most people misunderstand the concept of Islamic asceticism and consider it as isolation and separation from material and social life. They define ascetics as those who practice seclusion from society and abstention from all material pleasures of social life.

True asceticism is in fact based on a corrective social concept as stipulated in the above tradition.

It includes protection of rights of others, keeping away from illegitimate and unlawful wealth, and using one's resources for worthy and humanitarian purposes (which is the real concept of thanksgiving) as well as minimising one's desires for material things which, if unchecked, can lead man to dissociate from everything other than the pursuit of money, position and lust.

Tohaful Oqool

Lesson Seventy Three

Trial of Dignity

Imam Ali (a.s.) says:

There are three things based on which intellect of dignified individuals is tried: wealth, rank, and calamity.¹

Brief description

Divine trials are the means of development and improvements and they do not have special tools.

Men may be tested by any means, but three of them are more important than the others:

- whether or not he loses his intellect and wisdom when he gains property and wealth?
- when a rank is awarded to him, whether his capacity is so fragile that he forgets everything?
- and when an unpleasing event happens to him, does he become impatient and ungrateful?

Gorarul Hekam, article three

Lesson Seventy Four

Correct Program for World and Hereafter

Imam Reza (a.s.) says:

Work for the world as if you would be alive forever, and work for the hereafter as if you would die tomorrow!

Brief description

Above tradition clarifies the attitude of Islam towards the matters concerned with material and spiritual life. A positive and responsible moslem should observe discipline in the matters concerned with material life as if he would abide there forever. This clearly rejects the idea that one has to shun this world to be a true ascetic.

And at the same time he should be extremely concerned about the state of his readiness for the life after death. So much so that he should be convinced that if he were to die tomorrow, he would not be found wanting or deficient in any aspect. In other words, he should keep himself ready for death at any moment by ensuring that he has purified himself with the water of real repentance for his misdeeds and has settled his dues and made arrangements such that he leaves the world without any loose ends in matters of his obligations and rights of others.

Wasaaelush Shia', (as per narration from Aqwaalul Aimmah, Vol. 2, pg. 277)

Lesson Seventy Five

Effect of Sin

Imam Sadeq (a.s.) says:

Those who die as a result of sin are more than those who die due to natural death, and those who have a long life as a result of beneficence are more than those who have a long life due to natural life.¹

Brief description

It is proved today that the cause of most physical diseases lies in spiritual and emotional factors, and one of the most important causes of mental diseases is the heavy pressures imposed on man's soul by his conscience. A sinner is judged in the court of conscience and suffers painful spiritual punishments and its reaction is manifested in the body and soul in the form of diseases and even death. On the contrary, the beneficent people are encouraged by their conscience and this spiritual encouragement empowers them and makes them cheerful and increases their life span. Hence, sin shortens life, and beneficence prolongs it.

Safinatul Behaar

Lesson Seventy Six

Shiites and Divine Bounties

Imam Baqer (a.s.) says to one of his friends:

Declare to our shiites that no one receives divine favours and bounties except through action.¹

Brief description

This speech of Imam Baqer (a.s.) is a reply to those who suppose that they could reach the highest position before God only by adopting the name of shiism and expressing love to the household of the Prophet (s.a.w.a.), while we know that in Islam the important thing is one's actions. The word "shiite" is derived from the word 'moshaieat' meaning following somebody. And so, since the shiites say that they are the followers of the household of Prophet (s.a.w.a.), they must also follow the practices of the imams in their day to day life in order to be a true shia and win divine blessings.

Usoole Kaafi, Vol. 2, pg. 300

Lesson Seventy Seven

With whom we shall consult?

Imam Ali (a.s.) says:

لاَ تُدْخِلَنَّ فِيْ مَشْوَرَتِكَ بَخِيْلاً يَعْدِلُ عَنِ الْفَضْلِ وَ يَعِدُكَ الْفَقْرِ وَ لاَ حَرِيْصًا يُزَيِّنُ الْأُمُوْرِ وَ لاَ حَرِيْصًا يُزَيِّنُ لَكَ الشَّرَةِ بِالْجُوْر

Do not consult with misers because they prevent you from service to people and frighten you from poverty, and do not consult with timid people, because they weaken your will to perform important tasks, and do not consult with greedy persons, because they beautify injustice to you.¹

Brief description

Consultation is one of the important Islamic instructions, but while consultation with the right persons helps in improvements and corrective actions, consulting those with certain weaknesses is harmful. Thus imam (a.s.) recommends that we strictly avoid consulting, specially in important social affairs, with those who are miser or timid or greedy. One of them prevents man from munificence of divine graces, and the other weakens his resolve, and the third encourages man to violate rights of others out of greed.

Nahjul Balaaghah, letter 53

Lesson Seventy Eight

The Best Favor

Imam Ali (a.s.) says:

The best favor is health and the best thing which could fill man's heart is belief in God.¹

Brief description

Imam Ali (a.s.) has actually referred to the greatest material and spiritual favors. Physical health is the greatest divine favor in the material realm and it is indispensable for an active and a happy and prosperous life. And among spiritual favors, nothing is higher than the light of belief and faith. It is the most illuminating light for the path of life and the most effective remedy for diseases of ignorance, humiliation, inferiority and taint. It bestows tranquility to the heart and the soul!

Tohaful Oqool

Lesson Seventy Nine

Invisible Imam (a.s.)

كَيْفَ يَنْتَفِعُ النَّاسُ بِالْحُجَّةِ الْعَائِبِ الْمَسْتُوْرِ؟ قَالَ كَمَا يَنْتَفِعُوْنَ بِالشَّمْسِ اِذَا سَتَرَهَا السَّحَابُ.

Imam Sadeq (a.s.) was asked: how can people enjoy the existence of an invisible and hidden imam? Imam said: as they enjoy sunlight from behind the clouds.¹

Brief description

Sunlight is the source of all activity on this earth and no living creature can continue to live without it. The fact that it sometimes comes from behind the clouds does not diminish its utility. And the same applies to the light from a divine imam and leader in the context of man's spiritual and human life

Sun hidden by a cloud, just like a light behind a translucent glass, sends out a considerable part of its light and removes the darkness of night and benefits the living plants and creatures. Spiritual blessings of imam (a.s.) illuminate the human world even from behind the hiding curtain, but just as the amount of sunlight entering a building depends on its openings, people's share from the light of leadership is proportionate to the method and degree of their relation and connection with the imam.

Behaarul Anwaar, Vol. 52, pg. 92

Lesson Eighty

Do not listen to all Utterances!

Imam Javad (a.s.) says:

مَنْ اَصْعٰى اِلَى نَاطِقٍ فَقَدْ عَبَدَهُ فَانْ كَانَ النَّاطِقُ عَنِ اللهِ فَقَدْ عَبَدَ اللهِ فَقَدْ عَبَدَ اللهِ وَ اِنْ كَانَ النَّاطِقُ يَنْطِقُ عَنْ لِسَانِ اِبْلِيْسَ فَقَدْ عَبَدَ اِبْلِيْسَ.

One who listens to an orator has worshipped him. Thus if the orator delivers God's message, he (the listener) has worshipped god, and if he talks from the tongue of iblis, he has worshipped iblis.¹

Brief description

Utterance, whatsoever and from whoever it may be, has an effect, and listening to the utterances is usually accompanied with an impression in man's heart. Orators will say what suits their purpose. Some will be on the side of truth and others will try to inculcate falsehoods. Submission to each of these two groups is a kind of worship because the essence of worship is nothing else than submission

Therefore, one should listen to truthful utterances and become truth worshippers and avoid purveyors of falsehoods and prevent their dark utterances from entering one's ears and reaching the depths of the soul.

Tohaful Oqool, pg. 339



Lesson Eighty One

Devilish People

Holy Prophet (s.a.w.a.) said:

When you find that a person is indifferent to what he says or what is said about him, you shall know that he is either unchaste or satan.¹

Brief description

Drowning in various sins makes man indifferent to any and every accusation. He does not care about what he says about others and what is said about himself. Such persons are mean, shameless and devilish.

¹ Behaarul Anwaar, Vol. 74, pg. 147

Lesson Eighty Two

Real Feast

Imam Ali (a.s.) says:

Today (the day of feast following the month of fasting) is the feast for those whose fasts are accepted and their sorbs are favored by God, and any day in which you do not commit a sin, is the day of feast.¹

Brief description

Feast and happiness after one month of fasting in the blessed month of Ramazan is actually the feast of overcoming sensual desires, and of obedience of God's command. Thus, this is a day of feast only for those who have been victorious in fulfilling this great divine duty and understanding its true philosophy. But for those shameless people who have not respected this great month and its educational program, it is nothing but a day of mourning and disgrace.

Nahjul Balaaghah, aphorisms of wisdom 428

Lesson Eighty Three

What has Real Value

Holy Prophet (s.a.w.a.) says:

God does not consider the faces and properties, rather he considers your hearts and actions.¹

Brief description

While the criterion for evaluating dignity of individuals in most societies is material wealth and physical privileges, in Islam such evaluation bases are invalid and worthless. To ascertain what has real value, we need to look for that which is considered worthy by the Creator and this is none other than the purity of one's heart and deeds. Those who possess the twin treasures of pure thoughts leading to pure actions are the ones who will be victorious in the divine court.

Mohajjatul Baiza, Vol. 6, pg. 312

Lesson Eighty Four

Two Things Cause Destruction of People

Imam Ali (a.s.) says:

Two things destroy people: fear of poverty and seeking of fanciful honors!¹

Brief description

If we consider the causes of increase in transgressions, larcenies, briberies, thefts, cheating and plundering, we find that the above two factors are at the root of these events. Some people, having everything, commit offences only for the fear of poverty and the obsession for securing the future. And some others sacrifice their peace of mind and soul in order to acquire fanciful honors. Giving up these destructive traits allows man to enjoy inner peace and happiness.

Tohaful Oqool



Lesson Eighty Five

A Good Deed is Never Small

Imam Sajjad (a.s.) says:

A deed accompanied with sincerity and piety is not small, although it may look small. How is it possible for a deed favored by God to be small!?¹

Brief description

Holy quran says: God only accepts the deeds which are accompanied with piety and pure intention. Thus, purity in intention and sincerity and piety should be the most important consideration. Such deeds are valuable even if in material terms the quantity etc is small, because they are favored by God and thus can never be considered little. In summary, hollow, impure and hypocritical deeds are worthless no matter how numerous and large they are, whereas even something light and little performed with pure and sincere intention is worthy and weighty.

Tohaful Oqool, pg. 201

Lesson Eighty Six

Sins and Apology

Imam Husain (a.s.) says:

Do not sin so that you do not have to apologize for it. A believer does not sin and does not apologize, whereas a hypocrite sins everyday and apologizes everyday.¹

Brief description

Everybody is apt to make mistakes, but there is a marked difference in how the believers and the hypocrites deal with this reality. The believers try to avoid sins in the first place to pre-empt the need for having to apologise. They know that insincere and routine apologies do not acquit anyone. But the hypocrites carry on sinning and apologising in a never ending cycle. A sign of hypocrites is that outwardly they show repentance through the apology while inwardly they are unrepentant since they are not averse to repeating the sin

Tohaful Oqool, pg. 177



Lesson Eighty Seven

The Worst Method of Life

Imam Reza (a.s.) says:

The worst people, from an economic viewpoint, are those who do not offer livelihood to others from their own livelihood, and others are excluded from their life.¹

Brief description

A healthy economy is one which strengthens social relations and embraces all members of the society. When wealth is concentrated in certain individuals or groups who refuse to allow the rest to benefit, a cancer takes root in that society that will eventually destroy its economic health to the detriment of all. Imam Reza (a.s.) refers to this as the worst type of livelihood and economic life.

Tohaful Oqool, pg. 334.

Lesson Eighty Eight

Our Promises are Our Debts

Imam Reza (a.s.) says:

We are the household who consider our promises as our debts; as did the Holy Prophet (s.a.w.a.).¹

Brief description

Debt is not only what man receives from someone as a loan. Those who make promises to others in fact undertake an obligation and accept a responsibility and have an undeniable moral duty to make good on the promise.

Fulfilling the promise indicates dignity, belief, greatness, honesty and truthfulness and strengthens mutual trust and confidence among people. It revives the spirit of social cooperation. For all these reasons, Islam strongly emphasizes the need to fulfil all promises.

Tohaful Oqool, pg. 33

Lesson Eighty Nine

Illegitimate Property

Imam Baqer (a.s.) says:

Whenever a man gains a property in an illegitimate way, neither his hajj and umrah performed with that property is accepted, nor the uniting of kindred.

Brief description

Islam cares not only about the results but also about how the results are achieved. Those who are contented with their good deeds, but do not think about the means by which they perform the good deed, neglect this reality that none of them is accepted by God, unless the means are pure and sacred.

Safinatul Behaar, Vol. one, pg. 213

Lesson Ninety

Be Self-Sufficient

Imam Sajjad (a.s.) says:

Asking from people is abasement in life and destroys modesty and degrades man's dignity, and is a poverty which man brings upon for himself.¹

Brief description

Some people subject themselves to poverty although they think that they are escaping from it. They do this by making themselves dependent and needy through unnecessary demands from others. In the process they also ruin their human dignity.

Islam instructs its followers to be self-sufficient as far as possible and avoid a life of dependency for having to depend on others is itself a form of poverty.

from the book Tohaful Oqool, pg. 201



Lesson Ninety One

Woe unto such person!

Imam Sajjad (a.s.) says:

Woe unto one whose units precede his tenfolds.1

Brief description

Holy quran says: one who performs a good deed will be rewarded tenfold, but one who commits a sin shall be punished for the same (cattle, 161).

This verse clarifies the interpretation of the above tradition.

Hopeless is the person who gives up so much reward from obedience of God's command and accumulates only the punishments for sins.

¹ from the book Tohaful Oqool, pg. 203

Lesson Ninety Two

Sinful Ways Solve Nothing!

Imam Husain (a.s.) says:

One who looks to performing something through disobedience to God, will lose whatsoever he desires sooner; and, whatsoever he fears, will happen to him sooner.¹

Brief description

Some people suppose that if they use unlawful means for obtaining their goals, they will attain their ends sooner. However, above tradition says that in fact such ways will expedite the loss of their illgotten objects and their fears will also materialise sooner. For example, he seeks tranquility from earning unlawful wealth, yet first of all he loses tranquility as a result of it and is involved in distress and anxiety which he had feared.

from the book Tohaful Oqool, pg. 977

Lesson Ninety Three

The Self-Conceited!

Imam Ali (a.s.) says:

He who is self-conceited will find a lot of people dissatisfied with him.¹

Brief description

Self-love and self-concern in proper measure is necessary for survival, but if it exceeds the bounds, it becomes selfishness and self-conceit.

The self-conceited people never look at their own faults and consider themselves responsible, pure, faultless and important in the society. For this reason they have a lot of unreasonable expectations from people, and this causes widespread anger against them.

Nahjul Balaaghah, aphorisms, utterance no. 6

Lesson Ninety Four

Nearer Kinsfolk

Imam Mujtaba (a.s.) says:

Near kinsfolk are those who are more affectionate, although they may be genealogically not as near as those who are less affectionate.¹

Brief description

Kinship is one of the most important social relations in Islam. It enables formation of well-knit groups in the heart of great human society whose members cooperate closely and help each other in solving critical problems.

But the criterion of relationship in Islam, as stated in the above tradition, gives much importance to affection and friendship, not merely the closeness of genealogical relationship.

from the book Tohaful Oqool, pg. 165



Lesson Ninety Five

Throwing off a habit

Imam Hasan Askari (a.s.) says:

Throwing off bad habits is like performing a wondrous act.¹

Brief description

Habit is one of the great divine favors because it facilitates difficult human tasks and automates a lot of complicated and necessary aspects of living (such as speaking, walking, etc).

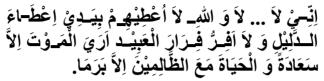
But when a bad habit is acquired, it becomes a dangerous addiction and very difficult to shed. So much so that Imam Hasan Askari (a.s.) has compared the shedding of an entrenched habit to an amazing or wondrous act.

¹ Behaarul Anwaar, Vol. 17, pg. 217

Lesson Ninety Six

Epic of Karbala

Imam Husain (a.s.) says:



I swear by God that I shall never join hands with them like those humbled, nor escape like the slaves. I consider death as nothing but prosperity, and life with the unjust as nothing but a source of blame and misfortune.

Brief description

Karbala is the great and everlasting epic of man's history.

Ashura is an unforgettable day in the history of mankind and nations who want to live honorably and die honorably. The above two sentences from a speech of Imam Husain (a.s.) are two clear signs of this reality.

maghtalel Husain, pg. 246 & 256

Lesson Ninety Seven

Who is Wise?

Imam Ali (a.s.) was asked to describe a wise man. He replied:

The wise is one who puts everything in its right place.1

Brief description

A lot is said about the meaning and concept of wisdom, but the above definition says it all so succintly in one short phrase. A better interpretation will be hard to find. Wisdom is nothing other than putting everything in its right place: giving everybody the place they merit, showing grief and happiness, friendship and enmity, mildness and harshness, kindness and severity according to the circumstances, adopting correct priorities in worship, work and healthy recreation. In short, doing the right thing in the right way at the right time.

Nahjul Balaaghah, aphorism

Lesson Ninety Eight

Cause of Enmity

Imam Ali (a.s.) says:

اَلنَّاسُ اَعْدَاءُ مَآ جَهلُوْا

People are enemies of things which they do not know (or understand).¹

Brief description

We see some people who deny a lot of truths and rise against them while not being able to find any cause for it save ignorance and unawareness. This wise saying is specially true in religious matters. Take the case of people who are well versed professionals in other sciences but oppose and disbelieve when it comes to religious matters. If we analyse this, we find that they have not really understood the depth and philosophy of religion. Otherwise, they would never oppose them. This reality has been repeatedly experienced.

Nahjul Balaaghah, aphorisms, phrase 172



Lesson Ninety Nine

The Zealous

Holy Prophet (s.a.w.a.) says:

Allah likes his zealous servants.1

Brief description

Zeal in this context refers to resolute determination, earnest dedication, fervent striving to protect divine bounties including everything from religion and chastity to water and land and well being of Islamic countries.

A zealous person is one who is fully committed and takes responsibilty for protecting these things and becomes very disturbed by any aggression and encroachment against them.

Zeal is one of the prominent attributes of the prophets and men of God. We read about Abraham (a.s.), the idolbreaker hero, 'surely Abraham was zealous'. Zeal is a powerful barrier against the advance of alien forces and idealogies.

Nahjul Fasahaah, pg. 15

Lesson One Hundred

A Fertile Being

Holy Prophet (s.a.w.a.) said:

A believer is like a palm tree, whatsoever you take away from it is useful and profitable.¹

Brief description

Palm tree is actually one of the very fertile trees. Its fruit is eaten as one of the best foods and sometimes its stone is burnt. Also, things like mats, hats, table-cloth are woven from its leaves.

Its wood is used in construction of simple buildings and also used as a bridge for passing through streams. A fragrant and useful essence is extracted from its blossom. In other words, there is not one part that is discarded as useless, discarded.

The believers are the same. Their thoughts are useful, their speeches are profitable, their meetings are educational, their religion is reforming and they are loyal in friendship, strong in their decisions. In short, everything about them is worthy.

Nahjul Fasahaah, pg. 564

Lesson One Hundred One

The Best Hands

Holy Prophet (s.a.w.a.) said

There are three types of hands: begging hands, keeping hands and bountiful hands, and the best hands are bountiful hands.¹

Brief description

Islam teaches its followers to aim for high aspirations, far reaching endeavors and strong affection. Therefore it recommends its followers to avoid begging and dependency on others as far as they can. Not only that, it discourages muslims from hoarding and keeping everything they have for their own exclusive benefit. Rather, they are urged to share their bounties with others as much as they can, and so we read in the above tradition that the best hands are the bountiful hands.

¹ Tohaful Oqool, pg. 32

Lesson One Hundred Two

Worse than Death

Imam Hasan Askari (a.s.) says:

Better than life is that which, if you lose it, you would hate life! And worse than death is that which, if it happens to you, you would welcome death!

Brief description

Some people think that the highest worth is the worth of this material life while there are a lot of things more valuable than it. There are some moments in life in which man wishes for death, and there are truths for which he sacrifices himself without hesitation.

The martyrs who lay down their lives for the sake of their religion and justice and other virtues are those who understand the deep truth in the above tradition. When they found life unpleasant and death a window to a wider world, as well as God's satisfaction, they bade farewell to life and embraced death.

Tohaful Oqool, pg. 368

Lesson One Hundred Three

Believers and Hypocrites

Holy Prophet (s.a.w.a.) says:

إِذَا رَآيْتُمُ الْمُؤْمِنَ صَمُوْتًا فَادْنُوْا مِنْهُ فَاِنَّهُ يُلْقِي الْحِكْمَةَ وَ الْمُؤْمِنُ قَلِيْلُ الْكَلاَمِ كَثِيْلُ الْعَمَلِ وَ الْمُنَافِقُ كَثِيْلُ الْكَلاَمِ قَلِيْلُ الْعَمَلِ وَ الْمُنَافِقُ كَثِيْلُ الْكَلاَمِ قَلِيْلُ الْعَمَلِ.

When you find a believer silent, approach him because you will hear wise sayings. Believers talk less and are action oriented whereas hypocrites are talkative and inexperienced.¹

Brief description

Man's power is not unlimited and everlasting. Therefore, when his energies are used in one direction, there will be less energy left for other things. So it is not surprising if talkative people are short on actions and experience.

Holy Prophet (s.a.w.a.) who always advocates positive and effective living, says that believers are those who emphasize deeds, not just words, while he considers the opposite attribute of all talk and no action as the sign of the hypocrites.

from the book Tohaful Oqool, pg. 296

Lesson One Hundred Four

The Best Heritage

Imam Ali (a.s.) says:

The best heritage which fathers leave for their children is courtesy.¹

Brief description

Courtesy refers to proper behaviour in all encounters and relationships and is associated with respect and honor. Courtesy is concerned with interactions with fellow human beings as well as with God. In both cases, courteous behaviour is one of the most valuable asset one can possess...it is the key to success in all fields.

And on this account, Imam Ali (a.s.) has described courtesy as the highest heritage which a father leaves for his child. Courtesy is the source of affection, sincerity, friendship, and unity and an important factor in effectiveness of speech and progress in social objectives.

Gorarul Hekam, pg. 393

Lesson One Hundred Five

Respect of Freedom of Thought

Holy Prophet (s.a.w.a.) said:

When a believer is forced to hide his beliefs, he is living among bad people!¹

Brief description

Dissimulation and concealment of one's ideas and beliefs usually arises when a selfish majority of the society prevent the righteous minority from expressing their thoughts freely. Surely, such a society will not be prosperous. In an Islamic and humanitarian society, the righteous people should have the freedom to disclose their viewpoints for public comments and discourse. No one should hinder them. Instead, there should be respect for freedom of thought and reformative thinking and facilities should be provided for imparting training and bringing good ideas to fruition.

Nahjul Fasahaah

Lesson One Hundred Six

Six Flaws not found in Believers

Imam Sadeq (a.s.) says:

There are six things which do not exist in the believers: strictness, peevishness, envy, stubbornness, lies and injustice.

Brief description

Those who are satisfied with being believers in name only are not real believers. The six ugly attributes specified above should not exist in a true believer. It is interesting to note that all these attributes are concerned with mutual relations and social interactions among the people. True believers are good natured, benevolent, truthful and just and it does not behove those lacking such character to call themselves believers.

Lesson One Hundred Seven

Do not sever all relations with God

Imam Sadeq (a.s.) says:

Be god-fearing and fear although it may be little, and maintain a curtain between yourself and Him, although it may be thin.¹

Brief description

There are some people who sever all relations between themselves and God. They burn all bridges behind them and close all doors for their return to God as they proceed along the path of sins and mistakes.

Imam Sadeq (a.s.), in this pearl of wisdom, advises us not to do that and to maintain a link however flimsy so that one can return one day and find an open door to enter for repentance.

¹ Tohaful Oqool, pg. 268

Lesson One Hundred Eight

True Worship

Imam Ali (a.s.) says to Komeil:

يَا كُمَيْ لُ لَيْ سَ الشَّانُ اَنْ تُصَلِّيَ وَ تَصُوْمُ وَ تَتَصَدَّقَ، اللهِ الشَّانُ اَنْ تَكُوْنَ الصَّلاَةُ بِقَلْب نَقِيٍّ وَ عَمَلَ عِنْدَ اللهِ اللهِ مَرْضِيِّ وَ خُشُوع سَوِيِّ.

O, Komeil, it is not sufficient merely to pray and fast and pay alms. It is more important that your prayer (and other deeds) are performed before God with a pure heart and humility.¹

Brief description

The intention and spirit behind the deed, the manner in which it is accomplished and its quality determine its real value, not its appearance and quantity. Imam Ali (a.s.) emphasizes to Komeil that one should pay attention to the spirit of a deed instead of its appearance and quantity, because the final aim of these good deeds is man's education, development and improvement which depends on the sincerity with which he performs them.

¹ Tohaful Oqool, pg. 117

Lesson One Hundred Nine

Do not forget your own Faults

Imam Sadeq (a.s.) says:

When you see someone searching for people's sins and censuring them, but ignoring his own sins, you shall know that he is involved in divine punishment.¹

Brief description

There are a lot of people who are very insolent, vocal and ingenious in criticizing others while they forget and ignore their own state. As the popular proverb says: they see a thorn in the foot of others, but do not see a branch in their own eyes!

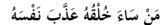
Curtains of conceit and unawareness have covered the eyes of such people because they are drowned in sin, self-conceit and selfishness, and are wandering among deviated paths. Those on the right path take care of their own faults before censuring others.

¹ Tohaful Oqool, pg. 271

Lesson One Hundred Ten

Great Torment

Imam Sadeq (a.s.) says:



One who is ill-humored torments himself.1

Brief description

It is usually said that ill-humored individuals who are peevish with everybody, torment and annoy their friends and relatives, while they themselves suffer the greatest torments because they embitter life's honey and make pure water unpleasant for themselves.

Ill-humored people have a short life and an uneasy spirit, their body is in pain, and is prone to more sufferings than others

Good temper is one of the qualities which Islam has emphatically recommended to its followers. It has been referred to as an important factor for attainment of the eternal paradise.

¹ Tohaful Oqool, pg. 270

Lesson One Hundred Eleven

Quran is Evergreen

Imam Reza (a.s.) says:

إِنَّ اللهَ تَعَالَى لَمْ يَجْعَلِ الْقُرْآنَ لِزَمَانٍ دُوْنَ زَمَانٍ وَ لاَ لِنَاسِ دُوْنَ زَمَانٍ وَ لاَ لِنَاسِ دُوْنَ نَاسٍ فَهُوَ فِى كُلِّ زَمَانٍ جَدِيْدٍ وَ عِنْدَكُلِّ قَوْمٍ غَمَضٌّ اِلَى يَوْمِ الْقِيَامَةِ

God has not confined quran to a specific time or for a specific nation, and so it is new at all times and fresh for all nations.¹

Brief description

Imam (a.s.) gave the above reply to one who had asked why quran does not get old by repeated study, recitation and publication? This saying points to the reality that quran is not a product of the material world and man's transient and variable thoughts. So the dust of obsolesence does not cover it. It does not age with time. Rather, it has originated from God who is All-knowing, Omniscient, Eternal. The more it is read, the more it reveals, the more relevant and interesting it becomes with the passage of time. This in fact is one of the signs of quran's greatness and grandeur.

Safinatul Behaar, Vol. two, pg. 413

Lesson One Hundred Twelve

Beware of Sensuality

Imam Sadeq (a.s.) says:

Beware of sensual desires in the same way as you watch out for your (obstinate) enemies because man has no enemies greater than following sensual desires and the outcomes of his tongue!¹

Brief description

Undoubtedly, internal enemies are more dangerous than external foes. Therefore, obstinate desires which affect man inwardly are considered as the most dangerous enemy for man.

Sensuality blinds the eye and deafens the ear. It extinguishes the light of wisdom, distorts the face of truth and finally leads him to the precipice of corruption.

Safinatul Behaar, Vol. 2, article 'sensual desire'

Lesson One Hundred Thirteen

The Only Way of Proximity to Allah

Imam Bager (a.s.) says to Jaber Jofi:

Convey my greetings to my shiites and be it known that there is no kinship (family relationship) between us and Allah and the only way of proximity to Him is by submission to His commands.¹

Brief description

There are those who think that claiming to be a Shia and a friend of the household of the Prophet (s.a.w.a.) is sufficient for their salvation and prosperity. As if such claims would entitle them to inclusion among the relatives of the imams and thus they too would have a special relationship with God, and everything would be well arranged through recommendation and mediation. The truth of the matter is that the only relation of consequence in the relations of creatures to their Creator is their obedience and fulfillment of duties.

Whosoever submits to His command is the closest to Him, and whosoever disobeys is the farthest, whoever he may be.

Behaarul Anwaar, Vol. 15, pg. 164

Lesson One Hundred Fourteen

Illgotten Wealth

Imam Ali (a.s.) says:



He who acquires wealth illegitimately, will spend it in ways which confer no divine reward.¹

Brief description

It is a common belief that some types of properties are unsuitable for spending on public welfare or charity. Above tradition is a good proof for this public belief. And one can verify it because one can see cases where some individuals have intended to participate in a good cause using their property, but they have either stopped half way or their project, though completed, is not effective or even counter-productive. On the other hand one finds a lot of faithful and virtuous individuals who have accomplished a lot of good work with their meagre resources.

Tohaful Oqool, pg. 63

Lesson One Hundred Fifteen

The Most Truthful and Wise

The Prophet (s.a.w.a.) said:

Every nation has a man who is truthful and a distinguisher, and the one who is truthful and a distinguisher from my nation is Ali ibne Abi Taleb (a.s.).

Brief description

For completion of the program of a genuine religion, an everlasting religion like Islam, there should be someone familiar with all aspects and details of that religion and be able to distinguish between truth and falsehood (deserving the name of distinguisher). Islam needed such a man after the demise of the Prophet (s.a.w.a.), the most part of whose mission was spent in different conflicts with obstinate enemies. That person had to be someone very truthful, honest, eloquent and frank so that he could remove any ambiguities and doubts that crop up among people in the absence of the Prophet (s.a.w.a.). This rank, as per the above explicit statement, was allocated to Imam Ali (a.s.).

Safinatul Behaar, Vol. 2, pg. 221

Lesson One Hundred Sixteen

Simple Life and Cooperation in House-Keeping

Imam Sadeq (a.s.) says:

Ali (a.s.) collected wood (for his home) from the desert and fetched water and did the cleaning, and Fatima (a.s.) made flour, and kneaded it and baked bread.¹

Brief description

A world of magnificence of spirit and high human rank is hidden in this short tradition in respect of the great leader of Islam, Imam Ali (a.s.) and the role model for women, Fatima (a.s.). Their life was very simple and independent but full of sincerity, purity, co-operation and assistance. Work was not a dishonor. Co-operation and understanding was considered a basic privilege and non-adornment was much admired. This lifestyle is no longer found in the homes these days and, consequently, tranquility and peace have disappeared.

Safinatul Behaar, Vol. 2, pg. 195



Lesson One Hundred Seventeen

One Hour of Justice

The Prophet (s.a.w.a.) said:

One hour of justice is better than one year of worship.

Brief description

Worship is the same relation of creature with creator and 'possible' with 'necessary' and paying attention to this relation and connection. Those worships are important educational lessons which have an effective role in correcting man's spirit and mind.¹

However, we read in the above tradition, that one hour of justice is better and higher than one year of (recommended) worship.

And somewhere else we read that one hour of thinking and meditation is higher than one night (or one year) of worship. These expressions show the critical importance of justice and meditation, both having a common origin. Wherever there is no justice, there is no thinking, meditation and wisdom.

¹ Nahjul Fasahaah, pg. 490

Lesson One Hundred Eighteen

Real Physician

The Prophet (s.a.w.a.) says:

The real physician is God, and the things useful for you may be harmful for others.¹

Brief description

The events happening in man's life are sometimes due to his wrong policies, choices or will and there are a lot of painful events like these.

But sometimes seemingly unpleasant events occur due to none of the above factors. Such adversities may in fact be medicines administered by God (who is the real physician) to treat his servants. Although these drugs may be bitter, they are a much needed wake-up call, a means of remedial attention to man's weaknesses and for removal of his conceit.

Nahjul Fasahaah, pg. 406

Lesson One Hundred Nineteen

Successors of the Prophet

The Prophet (s.a.w.a.) said:

This religion will always remain honorable and protected from the enemies under the leadership of twelve persons, all of whom belong to the Quraish.¹

Brief description

Clear and explicit traditions are narrated in respect of the twelve successors of the Prophet (s.a.w.a.) in the most creditable books of the sunnites including 'sahih bokhari', 'sahih moslem'. 'sahih termazi', 'sahih abou dawood', 'masoud ahmad' and many others. The total number of these traditions narrated by shiites and sunnites are estimated to be 271! And it is interesting to note that the profile of successors per these traditions fits only the twelve shiite imams. Neither the first four caliphs nor the umayyid or abbasid caliphs meet the specifications of this tradition.

And so the sunnite scholars have gotten into difficulty in interpretation of this valid tradition whereas its interpretation is crystal clear for the shiite followers of Prophet's household.

Tisiral Vosoul, written by Zobeidi Shafei.

Lesson One Hundred Twenty

Sinful Feast

Imam Sadeq (a.s.) says:

It is unjust for believers to participate in a feast where sin is performed and they do nothing to change the situation.¹

Brief description

Even if one does not commit the sin and does not cooperate with participants of the feast, participation in a sinful feast is itself a sin. It amounts to endorsing a sin unless one participates in order to remedy the situation and perform the critical duty of enjoining good and forbidding evil.

Furthermore, when a person keeps observing sinful scenes with indifference and without protest, it darkens his spirit and decreases his sensitivity so that sins no longer appear so bad to him and this can lead him to commit sins.

Usoole Kaafi, Vol. 2, pg. 374

Lesson One Hundred Twenty One

Do Productive Works

Imam Sadeq (a.s.) says:

Cultivate and plant trees. By God, people have not done any action more lawful and purer than this.¹

Brief description

Man's life is based on productive works, including agriculture and various forms of business and industry. Most industries would not be meaningful without agriculture because they gain their raw materials from it. In addition, agriculture is less prone to frauds and trickery because its results are governed mainly by natural factors and sincere efforts of men. On this account, cultivation and tree planting is called the most pure and pleasant work in the above tradition

Safinatul Behaar, Vol. 1, pg. 549

Lesson One Hundred Twenty Two

Lifespan

Imam Ali (a.s.) says:

Early death of men is more often due to sin than for natural reasons, and long life of individuals is more often due to their righteousness than for natural reasons.¹

Brief description

Undoubtedly, a lot of sins and bad habits have a direct impact on shortening life (as in the case of drinking, gambling, jealousy, envy and vindictiveness). Many also shorten it through indirect means such as the resulting social disorders, lack of public security and occurrence of wars (as in the case of usury, injustice and oppression). On the other hand, righteousness could lead to a long life due to its deep effect on the peace of spirit and conscience.

Therefore, sin, besides its harmful spiritual effects, is also very effective in shortening man's life, whereas righteousness prolongs life in addition to generating other benefits and spiritual rewards.

Safinatul Behaar, pg. 489

Lesson One Hundred Twenty Three

Cooperation with Satan!

Imam Ali (a.s.) says:

Do not curse satan publicly, while you are his friend inwardly.¹

Brief description

Some people proclaim their disdain and distance themselves verbally from things like poverty, hypocrisy, satan and such like, while in practice they are drowned in them.

We know of rich men who live like the poor for the fear of becoming poor if they spent more. We know hypocrites who repeatedly curse the hypocrites, when their own life is full of hypocrisy.

We know devilish people who say publicly: 'I take refuge in God from satan, the outcast'. And yet, they are his friends inwardly and give much importance to their devilish activities. Their words are devoid of substance and contradict their inner reality.

Torasul Aimmah, pg. 209

Lesson One Hundred Twenty Four

Take Counsel to be Guided!

Imam Hasan (a.s.) says:

Nations in which consultation with each other is practised, are always guided to their welfare and benefit.¹

Brief description

Group work always produces synergystic benefits, improvement and development. When many heads come together, their collective experience and knowledge can be tapped to facilitate planning, problem solving, productivity, creativity and innovation.

Those who have become self-opinionated and obstinate often suffer from mistakes and losses. Everyone has unique mental powers. One mind may produce a brain wave that would never occur to another. When the bright ideas of many minds combine, they would produce a light that can illuminate any darkness. Let us all decide to adopt the practice of always consulting with informed and intelligent persons.

Tohaful Oqool, pg. 164

Lesson One Hundred Twenty Five

Salam, Islamic Salutation

Imam Husain (a.s.) says:

Salam (salutation) has 70 rewards, 69 parts of which are for one who salutes and one part of which is for one who returns the salutation.¹

Brief description

Among the salutations of various nations, 'salam', the Islamic salutation and greeting, has a special luminosity, because it indicates both welcoming and peace, pleasure and friendship, and also a wish for peace from God for the other party. For this reason, salutation of the people of paradise is salam, and angels of mercy receive the virtuous and good-doers with salam. Unfortunately, some egoistic moslems think that not saluting (or not being the first to salute) reflects their high status and saluting reduces their rank. Thus they deprive themselves of the great reward mentioned in the above tradition especially for those who show humility by taking the initiative to salute first

Tohaful Oqool, pg. 177

Lesson One Hundred Twenty Six

Non Conformity of Belief with Action

Imam Ali ibne Husain (a.s.) says:

The most hated people before God are those who have accepted leadership of an imam but do not follow his actions.¹

Brief description

One of the major faults of man is non conformity of his belief and actions. He says he believes in something, but no trace of that belief is observed in his actions.

He believes in God, but he does not practice the discipline required in his daily life to make his deeds consitent with that belief. He believes in the great court of God, but has not prepared himself to face it.

He believes in Prophet Mohammad (s.a.w.a.) as the greatest prophet and Imam Ali (a.s.) as the highest leader, but he does not demonstrate any similarity with them by his actions. In short, his belief points in one direction, and his action in another

Tohaful Oqool, pg. 202

Lesson One Hundred Twenty Seven

Divine Chastisement!

Imam Baqer (a.s.) says:

إِنَّ لِلهِ غُقُوبَاتٌ فِي الْقُلُوْبِ وَ الْأَبْدَانَ ضَبْنُكُ فِي الْمَعْيشَةِ وَ وَهُنَّ فِي الْمَعْيشَةِ وَ وَهُنَّ فِي الْعِبَادَةِ وَمَا ضُرِبَ عَبْدٌ بِعُقُوْبَة اَعْظَمُ مِنْ قَسْوَةِ الْقَلْبِ.

God chastises man (for sins and disobedience) through the spirit and the body: indigence in livelihood, indolence in worship, but God has not punished any servant with something worse than hard-heartedness.¹

Brief description

Divine chastisements are indeed reflections of man's actions as well as the consequences of his sins. Sometimes they appear as an unpleasant situation in material life and sometimes in spiritual matters such as the lack of enthusiasm for worship and invocation to God. But the worst punishment meted out is that of making a person hard-hearted. The heart becomes devoid of humanitarian feelings, philanthropy and sympathy, and leads to perpretration of cruelty and many other sins.

Tohaful Oqool, pg. 217

Lesson One Hundred Twenty Eight

A Forgotten Reality

Imam Sadeq (a.s.) says:

God has not created a certainty as doubt-free as death, but (going by man's attitude towards death) it seems as if it is a doubtful thing in which there is never any certainty.¹

Brief description

What a strange phrase, and what a clear interpretation of man's lack of attention to the inevitable end of his life.

Man can have doubts about anything and may not believe in any religion, but he cannot doubt the fact that sooner or later his life will end and meet he must with death.

Yet, surprisingly, his lifestyle conveys the impression that he is unconcerned and unaware of death as if he was immortal!

Thus, he does not prepare himself for receiving it with faith, good deeds, purity and virtue.

Let us be realistic and accept that one is bound to die and it can happen at any time. That being the case, we must keep ourselves pure and prepared at all times to avoid regret and shame when death does catch up with us.

Tohaful Oqool, pg. 271

Lesson One Hundred Twenty Nine

Place of Knowledge and Wisdom

Imam Kazem (a.s.) says:

إِنَّ الزَّرْعَ يَنْبُتُ فِي السَّهْلِ وَ لاَ يَنْبُتُ فِي الصَّفَا فَكَذَٰلِكَ الْحِكْمَةُ تَعْمُرُ فِي قَلْبِ الْمُتَوَاضِعِ وَ لاَ تَعْمُرُ فِي قَلْبِ الْمُتَوَاضِعِ وَ لاَ تَعْمُرُ فِي قَلْبِ الْمُتَكَبِّرِ الْجُبَّارِ.

Cultivation grows on soft land, not on the stones! And similarly knowledge and wisdom sprout on the heart of modest people, not on the heart of the unjust arrogant persons!

Brief description

The first step in acquiring knowledge is humility humility towards truth, humility towards the teacher and anyone who knows more than us and could teach us something.

For this reason, ignorance and arrogance usually go hand in hand. Arrogant ones never admit their ignorance, and if a reality happens to be different from that which serves their pride and arrogance, they would deny it and oppose it. They do not accept the truth from anyone and remain engulfed in their ignorance.

Tohaful Oqool, pg. 296

Lesson One Hundred Thirty

Heavy Duties of Imam

Imam Reza (a.s.) says:

اَلاْ ِمَامُ اَمِيْنُ اللهِ فِي اَرْضِنهِ وَ خَلْقِنهِ وَ حُجَّتُهُ عَلَي عِبَادِهِ وَ خَلِيْفَتُهُ فِي بِلاَدِهِ وَ الدَّاعِي اِلَي اللهِ وَ الذَابُّ عَبنْ حَرِيمِ اللهِ.

Imam is the trustee of God on earth and among His people, and His proof for the servants and His representative in the cities and summoner towards Him and protector of divine sanctuaries.¹

Brief description

In this tradition, which is part of a detailed tradition on the concept of imamate, reference is made to five aspects of the heavy and important duties of an imam:

- Imam is a treasurer and trustee of revelation and protector of all sciences, commands and knowledge of religion.
- 2. Imam is a living proof and introducer of divine religion.
- 3. Imam is a divinely appointed supervisor and authority and God's representative among people.
- 4. Imam is the one who calls people towards goodness and forbids evil and is the greatest emissary of religion.
- 5. Imam is a protector of divine sanctuaries against the invasion of enemies.

To carry out such tasks requires someone who has access to divine knowledge and is infallible. True imams are the

Tohaful Oqool, pg. 328

150					150 Lessons for Life			
ones	with	these	qualities	and	nobody	except	God	can
appoi	int the	em.						

Lesson One Hundred Thirty One

Piety Opens all Doors.

Imam Mohammad Taqi (Javad) (a.s.) says:

If the doors of heavens and earth are closed to someone, and he then adopts piety, God shall provide relief to him.¹

Brief description

Sometimes in life all doors are closed to man and wherever he turns, he finds himself surrounded by problems and difficulties.

Such events in fact present an opportunity. They are a wake-up call, reminding him of realities of life and coaxing him to change direction, take corrective actions and return to the right path prescribed by God. At this time, if he reverts to God with sincerity and full concentration and seeks assistance from His pure essence, divine assistance shall be given to him, breezes of God's mercy would embrace him and the closed doors would be opened in wonderful ways.

Noorul Absaar, pg. 150

Lesson One Hundred Thirty Two

Beware of mean people!

Imam Ali ebne Mohammad Taqi (a.s.) says:

Beware of malady of one who does not assume a dignity for himself!¹

Brief description

In fact, one of the most important factors preventing corruption and malevolence is dignity or at least a feeling of dignity. Dignified people or those who assume a dignity for themselves even though others do not consider them dignified, tend to avoid evils and bad deeds in order to preserve their status. But those who feel that they do not have any reputation, respect and dignity, would heed nothing. Hence the need to be wary of such people!

For this reason, one of the important goals of education especially for children is to inculcate in them the awareness of dignity and a feeling that they possess a special dignity.

Tohaful Oqool, pg. 362

Lesson One Hundred Thirty Three

Greater Jihad

Imam Hasan Askari (a.s.) says:

The strongest warrior for the faith among people is one who gives up the sins.¹

Brief description

We know that struggle against one's rebellious and sensual desires that lead to sins is called the 'greater jihad' in Islam, being more important and valuable than struggle with enemies. This warfare is the means of purification of the soul and requires a strong will to achieve victory.

In societies stained with sin, the value of this warfare is more obvious and its importance in achievement of social objectives cannot be denied.

Victories of the Prophet (s.a.w.a.) in Medina were actually the direct result of purification of souls and spiritual struggles of his companions.

Behaarul Anwaar, Vol. 78, pg. 373

Lesson One Hundred Thirty Four

Occultation of Mahdi (a.s.)

Imam Mahdi (a.s.) says:

In the various events happening during the major occultation, refer to the narrator of our traditions.¹

Brief description

Human societies cannot be optimally organized without proper leadership. For this reason, God has never left his servants without a leader. Divine leaders have always existed among them.

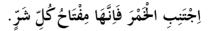
Even during the occultation of Imam Mahdi (a.s.), may our soul be sacrificed for him, first special deputies, and after termination of their period, common deputies were selected by him for leadership of people. The leadership continues to be provided by those determined and faithful men who are well versed in the knowledge of Islam's holy book, the quran, as well as the teachings and practices of the Prophet (s.a.w.a.) and the school of the Prophet's household. Anyone who does not possess such credentials, under whatever name and title, who assumes himself to be worthy of such a rank, must be rejected.

a part of famous decree mentioned in different books

Lesson One Hundred Thirty Five

Source of Evils

The Prophet (s.a.w.a.) says:



Avoid wine which is the key of all evils. 1

Brief description

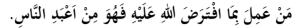
Many books and articles have been written in respect of the harmful effects of wine, including fatal effects on the nervous and digestive systems and the heart, arteries, liver, kidneys and other organs of body. Its painful social and economic consequences and shocking statistics have been investigated by thousands of scientists and contemplative minds. However, no phrase could be found as short, yet so comprehensive, as the valuable tradition of our Prophet which, in one short sentence, says it all.

Yes, wine is indeed the key of all evils, obscenities and misfortunes.

Nahjul Fasahaah, pg. 1

Lesson One Hundred Thirty Six

Fulfillment of Obligations



Whoever fulfils his obligations, will be among the most devout worshippers.¹

Brief description

Worship is neither restricted to serving the people, nor to praying and fasting. Rather, the greatest worship is that one should fulfil his obligatory duties in all areas of life. Which worship is higher and more manifest than the one which could change a society into a flower garden where goodness and prosperity abound. Fulfillment obligations has a wide scope that includes obligations related to worship as well as to soceity, humanity, economic and other necessities of life. Those who are neglectful of their necessary obligations and yet consider themselves as highly devoted to Islam are under a serious delusion

Wasaaelush Shia'. Volume 11, pg. 206

Lesson One Hundred Thirty Seven

Inhabitants of Stars

Imam Ali (a.s.) says:

These stars in the heaven are cities like the cities of earth. Each of the cities is connected (with the other cities) through a column of light.¹

Brief description

It is very selfish to suppose that our earth is the only inhabitable planet and millions of other celestial planets are all unutilized, silent and without any inhabitant.

Today, we know of detailed scientific studies into the conditions required for life to exist on other planets which suggest that millions and millions of these may be inhabited and it is likely that many of them may enjoy more developed civilizations because life had started there thousands or millions of years before it did on the earth. Such scientific knowledge did not exist fourteen centuries ago and hence the above tradition of Imam Ali (a.s.) is nothing less than a miracle.

Safinatul Behaar, Vol. 3, pg. 574

Lesson One Hundred Thirty Eight

Quran and The Law of Gravity

Imam Reza (a.s.) says to one of his friends:

Does God not say that heaven is erected upon an invisible pillar? I said: yes. He said: so there is an invisible pillar that you do not see.¹

Brief description

Nowadays, it has been proved that celestial bodies are fixed in their circuits thanks to the balance of gravity and repulsive forces. Gravity attracts them towards each other like a great chain, and repulsive force separates them from each other and their complete balance enables them to revolve in their circuit without any change and deviation, suspended in the immense space on this invisible pillar. Was there any interpretation more eloquent than the above for expressing this reality in that time when these mysteries were not yet solved? And isn't this one of the scientific miracles of our great leaders.

Al-Burhaan fi Tafseer Al-Qur'an, Vol. 3, pg. 278

Lesson One Hundred Thirty Nine

Mystery of Mountains!

Imam Ali (a.s.) says:

Shaking and movement of the earth is prevented by mountains.¹

Brief description

Nowadays, it has been confirmed that just as the gravity of the moon effects the ebb and flow of seas (producing high tides twice a day, raising the water level one meter or more and even 15 meters in some parts) it also causes up and down movement of 30 centimeters in the solid crust of the earth. But solidity of earth's crust due to existence of mountains, the roots of which are connected to each other creating a stabilising network round the earth, prevents any noticable movement.

Just imagine! if there were no mountains and earth's crust was not solid, and in a state of continual flux and reflux, what would happen to our quiet and peace on this earth?

Here is another example of Islamic leaders mentioning scientific facts 14 centuries ago which science has discovered much later.

Nahjul Balaaghah, sermon 1

Lesson One Hundred Forty

Microscopic Creatures

Imam Reza (a.s.) says:

اِنَّمَا قُلْنَا (الَّطِيْفُ) لِلْحَلْقِ اللَّطِيْفِ... وَمَا لاَ يَكَادُ عُبُوْنُنَا وَ لاَ عُبُوْنُنَا وَ لاَ عُبُوْنُنَا وَ لاَ تَرَاهُ عُبُوْنُنَا وَ لاَ تَلَمْسُهُ اَيْدِيْنَا.

We say God is All-subtle due to His creation of very fine, minute creatures; so small that we cannot see them and our hand does not feel them.¹

Brief description

What you see above is a small part of a long tradition which Fat'h ebne Yazid Gorgani has narrated from Imam Reza (a.s.), in which it is described that 'these animals are so tiny that they are never felt, and are scattered among the waves of the seas and barks of trees, and deserts and plains'.

This is a miraculous tradition from our Imam dating back about one thousand years which means hundreds of years before the discoveries of microbiology founder Louis Pasteur (1822-1895 AD).

Al-Waafi, Vol. one, pg. 106

Lesson One Hundred Forty One

Only a name from Islam

Imam Ali (a.s.) says:

يَاْتِي عَلَي النَّاسِ زَمَانٌ لاَ يَبْقي فِيْهِمْ مِنَ الْقُرْآنِ اللَّ رَسُمُهُ وَ مِنَ الْإِسْلاَمِ اللَّ اِسْمُهُ، مَسَاجِدُهُم، يَوْمَئِذ عَامَرَةٌ مِنَ الْبِنَاءِ، خَرَابٌ مِنَ الْهُلْي.

A day will come for people when only letters and drawings from Quran and Islam in name only will remain among them. Moslems' mosques will be improved as regards the building structure and ruined as regards the guidance they provide.¹

Brief description

We cannot say whether this interesting prediction has already materialised fully in this present time or is yet to happen in future. But surely we are witnessing some examples of it here and there. It is surprising that in such cases the moslems complain about their backwardness when they themselves have caused it by their mistaken notion that it is sufficient to adopt muslim names and pay a nominal lip service to Islam, and that guran is there only for decorative purposes. They have not accepted guran's real role as a "book" of unbeatable value for education, training and application in day to day life. Nor have they accepted Islam as a "school" that must engage and permeate their practical and intellectual lives. Can vou find a real Islamic soceity (which follows Islam in substance, not just in form), which has been backward or has not enjoyed an honourable status in the world?

Nahjul Balaghah, Aphorisms, word 369

Lesson One Hundred Forty Two

Criterion for Assessment of Intellect and Ignorance

Imam Ali (a.s.) says:

Tongue is the criterion for assessment of insolence or ignorance and the scale of intellect and wisdom.¹

Brief description

Tongue is the most important window to man's soul, the key to understanding his personality, and the best means for assessment of the degree of his intellect. Through a simple and seemingly unimportant rotation, this tongue of ours unveils the curtains and reveals the inner realities of man's soul.

For this reason, many Islamic instructions are focused on correction of tongue and we are admonished frequently by our great leaders to be careful in what we say. It is true that complete correction of tongue is not possible without correction of soul and mind, but we can avoid a lot of painful consequences of inappropriate movements of tongue through silence and self-control in our speech.

Tohaful Oqool, pg. 143

Lesson One Hundred Forty Three

Higher than Favor

Imam Hadi (a.s.) says:

One who is grateful for a favor derives more prosperity from his gratefulness than from the favor, because favors pertain to life in this world whereas gratitude is the capital of this world and the other world.¹

Brief description

Gratitude is more than mere appreciation by tongue; it includes actions that demonstrate appreciation in practical terms and it involves using each favor in a proper way. Such gratitude for a favor results in blessings and prosperity far greater than that provided by the favor itself. Using the favors for seeking God's pleasure and meeting His servants' needs is a capital that earns honor in this world as well as eternal prosperity in the hereafter, while a favor itself may confer only a material blessing.

In other words, when one receives a favor, he receives something useful for this world and if he shows gratitude for it in appropriate ways, he then receives something additional which is even better: additional rewards both for this world and the hereafter

Tohaful Oqool, pg. 362

Lesson One Hundred Forty Four

Revival of Doctrine of the Prophet's Household

Imam Reza (a.s.) says:

One who participates in a meeting in which our doctrine is revived, his heart shall not die when the hearts die!

Brief description

It is clearly inferred from the above sentence that the followers of the Prophet's household are duty bound to revive the ideas and practices of the pure household by understanding their doctrine, perceiving the spirit of their speeches, and becoming familiar with their instructions. They should not allow their meetings to degenerate into channels of amusements and gossip or harping on their needs and personal problems and desires. Instead, they should concentrate on higher human and social concerns with efforts directed at inculcating correct Islamic values, beliefs and practices. Such meetings will revive hearts and awaken the thoughts.

Torasul Aimmah, pg. 443

Lesson One Hundred Forty Five

Trust in Respect of Keeping Secrets

Holy Prophet (s.a.w.a.) says:

When somebody says something and looks around himself, his speech is a trust and secret (and we shall try to keep it). ¹

Brief description

Trust has different forms in Islam, including faithfulness in keeping people's secrets. This is considered so important in Islam's view that disclosing a person's secret is considered as one of the capital sins. Moreover, for something to count as a secret, it is not necessary that the speaker has said that it is a secret and requested that it be kept a secret. Rather, the least sign or hint is sufficient for understanding this reality. If, before speaking, somebody looks around himself to see if another person is within hearing distance, this would be adequate to give rise to the trust so that it becomes obligatory to treat what he says as a secret of a moslem brother.

Nahjul Fasahaah, pg. 38

Lesson One Hundred Forty Six

Signs of a Believer

Holy Prophet (s.a.w.a.) says:

When your good deed makes you happy and your bad deed disturbs you, you are a believer.

Brief description

Islam says that all men are born with a pure primordial nature, which believes in and loves to do good. Taints and sins begin to gradually affect his spirit and soul and change his nature and in time turn it totally. When you see that a man is interested in goodness and hates bad deeds, you know that the spirit of belief and first pure nature still exist in him.

What a miserable lot are those who, instead of being disturbed by their bad deeds, take pleasure in them, or who are resentful of their deeds of self-sacrifice, righteousness, forgiveness and justice. They are the unbelievers.

Lesson One Hundred Forty Seven

First Prerequiste for Any Work

Imam Ali (a.s.) says to Komeil:

There is no movement or work that does not need insight, familiarity and knowledge for its performance.¹

Brief description

If we reflect on the wide scope of the words 'no movement'used above, we will understand how allencompassing the religion of Islam is. It is not merely a series of worship rituals and invocations or a set of beliefs without practical applications. Rather it provides a complete code of life for all personal and social concerns and endeavors, and its starting point is intelligence and knowledge of realities. It considers all movement and effort as fruitless or at best ineffective if it lacks adequate knowledge and correct guidance.

Safinatul Behaar, Vol. one, pg. 15

Lesson One Hundred Forty Eight

Importance of a Guest

The Prophet (s.a.w.a.) said:

When God wills happiness and prosperity for a nation, he will bestow on them a gift. They asked: 'what is that gift'. He replied: 'guest'.'

Brief description

That is true. Guest is a gift from God, a valuable and honorable gift. But the material world, in which all affections are lost, has no value for a guest. It treats him as troublsome and strange and unwelcome. So it rarely happens that someone invites another or gets invited unless there is a selfish reason relating to business or wealth or politics.

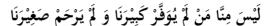
In the Islamic countries and families in which religious customs are still alive, a guest is honored and respected as a divine gift notwithstanding the absence of family relationship or any ulterior motives.

Behaarul Anwaar, Vol. 15, pg. 241

Lesson One Hundred Forty Nine

Respect and Affection

Imam Sadeq (a.s.) says:



One who does not respect the elders and does not show affection to the children, does not belong to us.¹

Brief description

Human societies are like an extensive caravan which is continuously moving. The infants are born and children grow up and adults become old and the old die and nobody is excepted from passing these stages.

The older ones are more experienced and have deeper insight. The conscientious ones among them have contributed to soceity through numerous services during their life. All this supports the argument that they should be respected by the youth and adolescents.

And since children are at the beginning stage of their life, tender, innocent and impressionable, they should be treated with love and affection. Foundations of their character and prosperity should be constructed lovingly by the adults. These are the ways and customs of a humanitarian and progressive society.

Usoole Kaafi, pg. 253.

Lesson One Hundred Fifty

Provide for yourself in the Next World in Advance

Imam Ali (a.s.) says:

Whatsoever you send in advance shall be reserved for you and whatsoever you postpone, its benefit would be only for the others (and its responsibility is your burden).¹

Brief description

Mammonism is found in today's world more than before. The main objective and philosophy of wealth is not considered.

Those who amass wealth madly, employing every means, howsoever illegitimate or unjust, fail to understand that they can neither consume all this wealth during their lifetime nor can they take it with them when they die. On the contrary, they will leave it for others to enjoy while they are left carrying a heavy responsibility and accountability for it in the divine court. What a loss! What a contrast to those who acquire only legitimate wealth and send it in advance as provisions for their next world by spending it in Allah's way.

Nahjul Balaaghah